

WESTMINSTER

City Newsletter & Recreation Program Guide



Winter 2008/09

Westminster Certified Farmers' Market

&
Westminster Art-A-Fair at the Mall



Every Wednesday
12 Noon to 5:00 pm, Rain or Shine
Westminster Mall

(Bolsa & Goldenwest off the 405 Fwy,
parking lot adjacent to Target between
Outback Steakhouse and
S Vietnamese Fine Dining)

This weekly market will feature fresh fruits and
vegetables, bakery items, and fresh flowers
straight from the growers. The Art-A-Fair
section will feature unique, hand-made arts,
gifts and crafts.

Come join us!

Certified Farmers' Market
sponsored by Orange County
Farm Bureau • (714) 573-0374

For Art-A-Fair information, call • (714) 846-5509



The City of Westminster &
The Westminster City Council
invite you to the

Holiday Tree Lighting Ceremony and Community Sing

Join us on
Monday, December 1, 2008 at 6:00 p.m.
Civic Center, 8200 Westminster Blvd
(714) 895-2860

Visit with Santa from 6:00-6:30
and after the event.

Local non-profit organizations
will be selling refreshments.



Dress warmly and bring your lawn chairs,
event will be held out doors.

Support those in need this holiday season,
bring canned goods to donate.



Rose Parade Excursion

Hats Off to Entertainment!

Thursday, January 1, 2009
6:00 a.m. - 2:00 p.m.
\$80.00

Reservations are available on a
limited, first come, first served basis.
For more details, please call the
Westminster Community
Services Department at
(714) 895-2860 or visit our website at
www.westminster-ca.gov



City of Westminster Winter 2009

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Please visit Our Website
www.ci.westminster.ca.us

CLASS REMINDERS

1. Recreation classes will begin the week of January 5, 2009.
Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

BE SURE TO REGISTER EARLY!



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Winter Highlights

December 1

Holiday Tree Lighting Ceremony
Winter Class Registration Begins

December 6

Breakfast with Santa

December 22 – December 31

Winter Break Club Westminster
Parks & Playgrounds Program Begins

December 25 – January 2

City Offices Closed

January 1

Rose Parade Excursion

January 5

Recreation Classes Begin

January 19

Adult Softball Begins

January 26

Teen Hoops Begins

January 27

Youth Hoopsters Begins
Cheerleading Begins

January 28

Pee-Wee Hoopsters Begins

January 30

Girls' Hoopsters Begins

March 9

Watch for Spring Brochure

Council Thoughts

Happy Holidays from the Mayor and City Council!

It's time for turkey, cranberry sauce, dressing, and football – not necessarily in that order! The holidays are upon us, and we want to wish you and your family the best holiday season possible, and a prosperous New Year as well. We hope you had a chance to enjoy the Founder's Day Parade and Festival the weekend of October 24-26th. It was our first Founder's Day parade in 30 years, and it was a blast. Upcoming events include our annual Tree Lighting and Community Sing on Monday, December 1st at 6pm in the Sunken Garden area of the Civic Center. Also, you don't want to miss "Breakfast with Santa" a very popular event on Saturday, December 6th from 9am-11:30am in the East/West room at the Community Center, 8200 Westminster Blvd. This activity fills up fast, so call 714-895-2860 to make reservations.

The City is proud to announce the receipt of the 2008 Award of Excellence in Outstanding Planning Achievement in Advocacy" for the City of Westminster's Strategic Framework & Priorities Workbook, which creates a future plan for a 30-acre area in the heart of Little Saigon. The plan is a blueprint for responsible development in the Little Saigon area, and will serve our community well as we move forward with the planning process.

Recently, our Police Department was awarded a federal earmark of \$335,000 to open up an off-site office in the Little Saigon area. The purpose of the off-site location is to put a team of investigators "on the ground" in the Little Saigon area in order to combat Asian Criminal Enterprise. The off-site office will be located on the northeast corner of Magnolia and McFadden. There will be a sergeant, three detectives, a special agent from the FBI (Santa Ana), and two support staff member assigned to the facility. Initial funding for this project is two years, with the possibility of additional funding for subsequent years.

We hope you've had a chance to sample the fresh produce and creative crafts available at the Westminster Farmer's Market and Craft Faire at the Mall. The market meets every Wednesday from 12noon-5pm off Bolsa Ave. between S Fine Dining and Outback Steakhouse.

Finally, two upcoming events that are always very popular are the Rose Parade Excursion on Thursday, January 1st, from 6am -2pm. Reservations are available on a limited basis, so call Community Services at 714-895-2860 now! And the best way we've found to celebrate the New Year is at the City's "New Year's Eve Gala" at the Rose Center on December 31st from 8pm -12:30am. This is another popular event that sells out quickly so call for reservations.

Enjoy the holidays with family and friends. Westminster is a great place to live and work. Thanks for your support throughout the year.



CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminister Blvd.
Monday – Thursday 7:30 a.m.- 5:30 p.m.
Friday 7:30 a.m. - 4:30 p.m.
Closed alternate Fridays
898-3311

CITY COUNCIL

Meetings are held the
2nd & 4th Wednesdays
of the month in the
Council Chambers
at 7:00 p.m.
8200 Westminister Blvd.

Margie L. Rice
MAYOR
898-3311 ext. 275
893-1732

Andy Quach
MAYOR PRO TEM
898-3311 ext. 274

Frank G. Fry
COUNCIL MEMBER
898-3311 ext. 271
893-3161

Kermit D. Marsh
COUNCIL MEMBER
898-3311 ext. 262

Tri Ta
COUNCIL MEMBER
898-3311 ext. 263

Ramon Silver
CITY MANAGER
898-3311

ACCESS & INCLUSION

In compliance with the Americans with Disabilities Act (ADA), the City of Westminister, Community Services & Recreation Department prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs. All are welcome to register and we encourage your participation. If you have special needs, please contact the Community Services & Recreation Department at (714) 895-2860.

SPECIAL ACTIVITIES & INFORMATION

Winter

COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Boulevard
Monday – Thursday • 7:30 a.m. – 5:30 p.m.
Alternate Fridays • 7:30 a.m. – 4:30 p.m.

RECREATION PROGRAMS FACILITY RENTALS

895-2860

SENIOR CITIZENS CENTER
895-2878

DAMAGE TO PARKS/GRAFFITI HOTLINE
895-2876

COMMUNITY SERVICES & RECREATION COMMISSION

Leo Lopez, Chairperson
Jerry Meade, Vice Chairperson
Nhi Ho
Bob Meade
Vivian Kirkpatrick-Pilger

COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

Community Services Director
Greg Johnson

Assistant Community Services Director
Diana Dobbert

Senior Services Supervisor
Mary Andrusky

Community Services Supervisor
Vanessa Johnson

Family Resource Center Supervisor
Delma Salmeron

Family Resource Center Representative
Lourdes Serrano

Cable TV Production Supervisor
LaVada Cordasco

Community Services Coordinator
Stacy Yoshida

Community Services Coordinator
Pam Gremling

Community Services Coordinator
Claire Hutchinson

Interim Administrative Aide
Tammy Nguyen

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

Youth Sports Contacts

American Youth Soccer Organization (AYSO)
Region 5 • 345-5486

Region 143 • HOTLINE • (888) 714-2774

Westminster Little League • (714) 894-1578

Westminster Pony Baseball • (714) 892-0043

National Junior Basketball (NJB) • (714) 541-4450

Junior All-American Football • (714) 299-7619

ROSE PARADE EXCURSION ~ LAST CHANCE!

This is your last chance to register! On Thursday, January 1, 2009, residents will celebrate the New Year with the 120th Rose Parade, themed "Hats Off to Entertainment." The Rose Parade features the beautiful pageantry and tradition of magnificent floral floats, high-stepping equestrians, and spirited marching bands. Price includes transportation on a luxury coach bus, close-in parking, and reserved grandstand seats. Reservations are now available on a **limited, first-come, first-served** basis.

Date: Thursday, January 1, 2009

Ages: Adult (under 18 must be accompanied by an adult)

Time: 6:00 a.m. – 2:00 p.m.

Cost: \$80.00

7010.401

Refund Policy: Sorry, no refunds on the Rose Parade excursion, *unless* your space is filled by another registrant. The bus leaves from 8200 Westminster Blvd., where ample parking is available.

CLUB WESTMINSTER WINTER PARKS PROGRAM

The City of Westminster's After School Parks Program, **Club Westminster**, is a drop-in recreational program that offers supervised activities for children 6 years and older. Children can participate in sports, games, crafts and many other activities. The parks noted below are opened Monday through Friday from 2:30 to 5:00 p.m.

BOLSA CHICA PARK, 13660 University St., Phone (714) 897-5911

LIBERTY PARK, 13900 Monroe St., Phone (714) 412-2617

SIGLER PARK, 7200 Plaza St., Phone (714) 892-9029

SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break at the sites listed above. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, beginning Monday, December 22, and ending Wednesday December 31. **Please note that the parks will be closed on Thursday and Friday, Dec. 25 & 26 and Jan. 1 & 2.**

TEEN HOOPS

Teens develop your skills on the court! Learn the fundamentals of passing, dribbling, shooting, teamwork, and defense.

Instructor: Recreation Staff *Ages: 11-13 years*
Fee: \$15 (Includes T-shirt) *Length: 8 weeks*
6010.101 Sigler Park M 1/26/09 3:30-4:30 p.m.

YOUTH HOOPSTERS

Skills learned will include ball handling, shooting, passing, dribbling, footwork, defense, and rebounding. The program will feature games the last three weeks on Saturday mornings - March 7, 14 and 21 (times to be determined).

Instructor: Recreation Staff *Ages: 8-10 years*
Fee: \$20 (Includes T-shirt) *Length: 8 weeks*
6010.102 Sigler Park Tu/Th 1/27/09 3:30-4:30 p.m.



PEE-WEE HOOPSTERS

Teamwork, participation, and sportsmanship are stressed, so score and outcome are not the focus. A smaller basketball and lower hoops are used to help ensure success. Games will be held on the last three Saturday mornings of the program - March 7, 14 & 21 (times to be determined).

Instructor: Recreation Staff *Ages: 5-7 years*
Fee: \$15 (Includes T-shirt) *Length: 8 weeks*
6010.103 Sigler Park W 1/28/09 3:45-4:30 p.m.



GIRLS' HOOPSTERS

The Westminster Youth Sports Program focuses on teaching basketball skills and team concepts while promoting fair play. We are dedicated to providing a safe environment for kids to learn the game of basketball, build strong relationships, and have fun.

Instructor: Recreation Staff *Ages: 8-12 years*
Fee: \$15 (Includes T-shirt) *Length: 8 weeks*
6010.104 Sigler Park F 1/30/09 3:30-4:30 p.m.

CHEERLEADING

This program will teach aspiring cheerleaders voice projection, arm motion, and hand, leg, and feet formations. Cheers, chants, and dance movements are taught with flair and enthusiasm. Wear comfortable clothes and tennis shoes. Skills learned will be showcased at the basketball games. Each participant will receive a t-shirt along with a set of pom-poms and a mini-megaphone.

Instructor: Recreation Staff *Ages: 8-10 years*
Fee: \$20 (Includes T-shirt) *Length: 8 weeks*
6010.105 Sigler Park Tu/Th 1/27/09 3:30-4:30 p.m.



RECREATIONAL CLASSES

Winter

~ ART ~

CHILDREN'S MASTERPIECES With Pencils & Paints!

Taught by professional artist, Pati Kent, children learn the necessary skills needed to inspire and improve their paintings and drawings, and have FUN while doing it! Classes alternate: drawing one week; painting the next. Beginners welcome!! **Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting.** Class will end with an informal art show of the children's work!

Instructor: Pati Kent

Fee: \$75 (+ materials fee)

Location: WCSB Craft Room

Ages: 7-11 yrs

Length: 5 weeks

Min: 5 Max: 20

I120.101 W 1/14/09

3:15-4:15 p.m.

I120.102 W 2/18/09

3:15-4:15 p.m.

CARTOONING 101

Character drawing and basic cartooning are taught in this EXCITING class! An additional \$10 materials fee is payable to the instructor at the workshop which covers all supplies needed.

Instructor: Pati Kent

Fee: \$30 (+ materials fee)

Location: WCSB Craft Room

Ages: 7-13 yrs

Length: 1 ½ hrs.

Min: 4 Max: 15

I140.101 M 1/12/09

3:30-5:00 p.m.

I140.102 M 2/09/09

3:30-5:00 p.m.

I140.103 M 3/09/09

3:30-5:00 p.m.

DRAWING AND PAINTING THE FUN WAY!!!

Maximize your time! This class is designed for beginning and intermediate students who would like to learn the necessary skills of drawing and painting. Learn at your own pace and boost your confidence by learning in a supportive atmosphere. The lessons will be alternated, drawing one week, painting the next. **Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting.**

Instructor: Pati Kent

Fee: \$85 (+ materials fee)

Location: WCSB Craft Room

Ages: 16 yrs +

Length: 5 weeks

Min: 5 Max: 20

I150.101 W 1/14/09

1:15-2:45 p.m.

I150.102 W 2/18/09

1:15-2:45 p.m.

~ CRAFTS ~

LEARN TO KNIT

A fun class for beginners. You will learn how to hold your needles, create stitches which is called casting on, do the knit stitch and begin a project. A \$30 supplies fee is due to the instructor at the beginning of the class. Supplies include knitting needles, appropriate yarn for beginners, 5 easy to follow knitting patterns (3 scarves, a handbag and a ball) and a 104 min DVD that will help you to continue knitting at home. Marilyn also offers free after class help.

Instructor: Marilyn Peters

Fee: \$10 (+ supplies fee)

Location: Bolsa Chica Park Outdoor shelter

Ages: 5 yrs +

Length: 2 hours

Min: 3

I160.101

Sa

1/10/09

2:00-4:00 p.m.

I160.102

Sa

1/24/09

2:00-4:00 p.m.

I160.103

Sa

2/14/09

2:00-4:00 p.m.

I160.104

Sa

2/28/09

2:00-4:00 p.m.

I160.105

Sa

3/14/09

2:00-4:00 p.m.

SCRAPBOOKING: WEEKEND GET-AWAY!

Pamper yourself and complete scrapbook pages during this fantastic get-away! Professional lighting, leather chairs, tasty breakfasts, and yummy snacks are just the start of what is in store for our weekend. An additional \$245.00 for lodging is due to the instructor upon registering. Five meals, two nights in a shared room, gifts, and plenty of scrapbooking time are included with this package. *Registration due to the City of Westminster by January 20, 2009.*

Instructor: Esther Grove

Fee: \$40 (+ lodging)

Location: Bed & Breakfast/ Big Bear, CA

Ages: Adult

Length: 2 Full Days

Min: 1 Max: 14

I070.101

F

4/24/09 - 4/26/09

3:00 p.m.

UFO ALERT

Creative people often begin projects that stall. Come complete your UnFinished Objects while enjoying the company of others. Custom Framing Mats/Frames will be available for price quotes, some scrapbooking supplies will be available for purchase if you need them, please bring your own supplies/tools. No paint projects please.

Instructor: Esther Grove

Fee: \$22

Location: WCSB Craft Room

Ages: Adult

Length: 5 hours

Min: 4 Max: 16

I180.101

Sa

1/17/09

12:00-5:00 p.m.

I180.102

Sa

1/24/09

12:00-5:00 p.m.

CAMERA BASICS - POINT & SHOOT

Tame that digital camera! Learn the purpose of all those buttons and dials. **THIS CLASS IS SPECIFICALLY DESIGNED FOR POINT AND SHOOT CAMERA USERS.** Bring everything that came in the box with your digital camera, including the manual. An optional \$25 eBook is available in class.

Instructor: Julie Diebolt Price
Fee: \$53

Location: WCSB Room A/B
1190.101 Tu 1/06/09

Ages: 18 yrs +
Length: 3 hours
Min: 5 Max: 30
6:00-9:00 p.m.

CAMERA BASICS - SLR

Tame that digital camera! Learn the purpose of all those buttons and dials. **THIS CLASS IS SPECIFICALLY DESIGNED FOR SLR CAMERA USERS.** Bring everything that came in the box with your digital camera, including the manual. An optional \$25 eBook is available in class.

Instructor: Julie Diebolt Price
Fee: \$53

Location: WCSB Room A/B
1191.101 W 1/07/09

Ages: 18 yrs +
Length: 3 hours
Min: 5 Max: 30
6:00-9:00 p.m.

WOW! MY PICTURES ARE ORGANIZED

Create your digital workflow to get your pictures organized. Workflow is the entire process from taking pictures, editing, storing, and finally making them available to view. Learn about downloading and creating folders, sizing, making minor corrections, including cropping and emailing images. An optional \$25 eBook is available in class.

Instructor: Julie Diebolt Price
Fee: \$53

*Location: *GG Sports & Rec Center or WCSB Room A/B*

1192.101 Th* 1/8/09
1192.102 M 1/19/09

Ages: 18 yrs +
Length: 3 hours
Min: 5 Max: 30
6:00-9:00 p.m.

GET MORE WOW! WITH YOUR PICTURES

Discover simple techniques to create dramatically better photographs that make 'em say WOW! As we analyze photographs, we will have lively discussions about composition, lighting, posing, technical challenges encountered and practical solutions. Bring your favorite images on CD or jump drive for projection. An optional \$25 eBook is available in class.

Instructor: Julie Diebolt Price
Fee: \$53

Location: WCSB Room A/B
1193.101 M 2/02/09

Ages: 18 yrs +
Length: 3 hours
Min: 5 Max: 30
6:00-9:00 p.m.

~ DANCE ~

HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! Dance attire: Wear all black pants, tank and sneakers. Must have at least 3 months prior dance experience to take intermediate class. For more info visit our website at www.wespacedance.com

Instructor: Jaseida Mojica
Fee: \$40

Location: Wespac Dance Center

Ages: 5 yrs +
Length: 5 weeks
Min: 1 Max: 20

| | | | | | |
|-----------------|----------|----------------|-----------------------|-------------------|-------------------|
| 2001.101 | M | 1/5/09 | 5:30-6:30 p.m. | 5-12 yrs | Beg. |
| 2001.102 | M | 2/9/09 | 5:30-6:30 p.m. | 5-12 yrs | Beg. |
| 2001.103 | M | 1/5/09 | 6:30-7:30 p.m. | Teen/Adult | All Levels |
| 2001.104 | M | 2/9/09 | 6:30-7:30 p.m. | Teen/Adult | All Levels |
| 2001.105 | W | 1/7/09 | 4:30-5:30 p.m. | 12-16 yrs | Int. |
| 2001.106 | W | 2/11/09 | 4:30-5:30 p.m. | 12-16 yrs | Int. |

BALLET

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1st - 5th, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class. Dance attire: Wear all pink leotard, tights and ballet shoes, for intermediate class wear black leotard; ballet skirt or shorts are optional. Must have at least 3 months prior dance experience to take intermediate class. For more info visit our website at www.wespacedance.com

Instructor: Jaseida Mojica
Fee: \$40

Location: Wespac Dance Center

Ages: 5-12 yrs
Length: 5 weeks
Min: 1 Max: 20

| | | | | | |
|-----------------|-----------|----------------|-----------------------|-----------------|-------------|
| 2002.101 | Tu | 1/6/09 | 4:30-5:30 p.m. | 5-12 yrs | Beg. |
| 2002.102 | Tu | 2/10/09 | 4:30-5:30 p.m. | 5-12 yrs | Beg. |
| 2002.103 | M | 1/5/09 | 4:30-5:30 p.m. | 7-12 yrs | Int. |
| 2002.104 | M | 2/9/09 | 4:30-5:30 p.m. | 7-12 yrs | Int. |

HULA

Learn the cultural dance of the Hawaiian Islands. This class is geared towards students who are looking to get a great workout while having fun. Dance attire: Wear black tank or leotard with black shorts or leggings and any color sarong is optional. All levels & ages over 5 yrs are welcome to come and participate. For more info visit our website at www.wespacedance.com or www.hulaerobics.com



Instructor: Pamela Johnson
Fee: \$40

Location: Wespac Dance Center

Ages: 5 yrs +
Length: 5 weeks
Min: 5 Max: 20

| | | | |
|-----------------|----------|----------------|-----------------------|
| 2003.101 | F | 1/9/09 | 5:30-6:30 p.m. |
| 2003.102 | F | 2/13/09 | 5:30-6:30 p.m. |

RECREATIONAL CLASSES

Winter

BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great lo-impact, cardio workout while dancing to the beautiful middle-eastern beats. Dance attire: Wear black tank or leotard with black shorts or leggings and any color belly dancing hip scarf is optional. For more info visit our website at www.wespacedance.com or www.marlenadancer.com

Instructor: Marlena
Fee: \$40
Location: Wespac Dance Center
2004.101 **Sa** **1/10/09** **9:00-10:00 a.m.**
2004.102 **Sa** **2/14/09** **9:00-10:00 a.m.**

Ages: 13 yrs +
Length: 5 weeks
Min: 1 Max: 20

JAZZ

Learn beginning jazz technique including jazz walks, chaine's, pique's, pirouettes and leaps. A must take course for anyone looking to try out for a competitive song leading or dance team at any high school, university or professional level. Abs will be toned in the warm-up! Dance attire: Wear black tank or leotard with black jazz pants and black jazz shoes. For more info visit our website at www.wespacedance.com

Instructor: Jaseida Mojica & Melissa McDonnell - Haines
Fee: \$40
Location: Wespac Dance Center
2005.101 **Tu** **1/6/09** **5:30-6:30 p.m.** **7-12 yrs** **Beg.**
2005.102 **Tu** **2/10/09** **5:30-6:30 p.m.** **7-12 yrs** **Beg.**
2005.103 **W** **1/7/09** **6:30-7:30 p.m.** **10 yrs-up** **Beg.**
2005.104 **W** **2/11/09** **6:30-7:30 p.m.** **10 yrs-up** **Beg.**
No Class 1/31

Ages: 7 yrs +
Length: 5 weeks
Min: 1 Max: 20

TAP

You will learn basic tap including shuffles, flaps and ball change in this rhythmic style of dance. Dance attire: Wear black tank or leotard with black jazz pants and tap shoes. For more info visit our website at www.wespacedance.com

Instructor: Amanda Mikkelsen
Fee: \$40
Location: Wespac Dance Center
2006.101 **Th** **1/8/09** **3:30-4:30 p.m.**
2006.102 **Th** **2/12/09** **3:30-4:30 p.m.**
No Class 1/31

Ages: 5-13 yrs
Length: 5 weeks
Min: 1 Max: 20



OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Dance attire: Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at www.wespacedance.com

Instructor: Jaseida Mojica
Fee: \$40
Location: Wespac Dance Center
2007.101 **M** **1/5/09** **7:30-8:30 p.m.**
2007.102 **M** **2/9/09** **7:30-8:30 p.m.**

Ages: 18 yrs +
Length: 5 weeks
Min: 1 Max: 20

INTRO TO DANCE

Come learn the foundation for all dance styles in this combination of hip hop, jazz, tap, ballet and hula. Have fun while listening to friendly children's music. Dance attire: Pink leotard, tights and ballet shoes; tap shoes are optional. Parent class participation is encouraged, but not required. Student must be potty trained prior to taking class. For more info visit our website at www.wespacedance.com

Instructor: Jaseida Mojica
Fee: \$40
Location: Wespac Dance Center
2008.101 **Tu** **1/6/09** **3:45-4:30 p.m.**
2008.102 **Tu** **2/10/09** **3:45-4:30 p.m.**

Ages: 2-6 yrs
Length: 5 weeks
Min: 1 Max: 20

CLASSICAL BALLET, TAP, & JAZZ

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Jazz encourages freedom of creative expression. The most rewarding part of this program is that it enhances confidence and a positive self-image. These classes will be a combination of Ballet, Tap & Jazz for the beginner and intermediate dancers. No special shoes are required.



Instructor: Miss Dawna
Fee: \$40
Location: Garden Grove Sports & Rec. Center
2010.101 **Sa** **1/24/09** **11:40a.m.-12:20 p.m.** **(2-5yrs.)**
2010.102 **Sa** **1/24/09** **12:20-1:00 p.m.** **(5-12yrs.)**
No Class 1/31

Ages: 2-12 yrs.
Length: 5 weeks
Min: 8 Max: 20

TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna *Ages: 10-24 mths.*
Fee: \$40 *Length: 5 weeks*
Location: Garden Grove Sports & Rec. Center *Min: 8 Max: 20*
2020.101 Sa 1/24/09 11:10-11:40 a.m.
***No Class 1/31**

BALLET, TAP, & JAZZ I

An introduction to the basic steps of ballet, tap, and jazz. Students learn basic steps and develop these into a dance routine. There will be a recital on the last day of the 5 week session, after class. **Dance attire: pastel ballet shoes, tights, and leotards; tap shoes optional.**

Instructor: Elizabeth Gremling *Ages: 3-8 years*
Fee: \$40 *Length: 5 weeks*
Location: WCSB East/West Room *Min: 8 Max: 15*
2030.101 Sa 1/10/09 11:00-11:45 a.m. (3-5 yrs)
2030.102 Sa 1/10/09 12:00-12:45 p.m. (6-8 yrs)
2030.103 Sa 2/28/09 11:00-11:45 a.m. (3-5 yrs)
2030.104 Sa 2/28/09 12:00-12:45 p.m. (6-8 yrs)



BALLET, TAP, & JAZZ II

This class may be taken after participating in 2 sessions of Ms. Elizabeth's Ballet, Tap, and Jazz I. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. **Dance attire: pastel ballet shoes, tights, and leotards; tap shoes optional.**

Instructor: Elizabeth Gremling *Ages: 5-8 years*
Fee: \$40 *Length: 5 weeks*
Location: WCSB East/West Room *Min: 8 Max: 15*
2030.105 Sa 1/10/09 10:00-10:45 a.m.
2030.106 Sa 2/28/09 10:00-10:45 a.m.

HIP HOP 'til YOU DROP!

Learn the hottest dance moves to the latest Hip Hop music! This class is an introduction to beginning Hip Hop. Students will learn basic Hip Hop combinations and a complete dance routine. There will be a recital on the last day of the 5 week session, after regular class. **Recital will be held on following dates: 1st session – Saturday, 2/7/09, 2nd session – Saturday, 3/28/09.**

Instructor: Elizabeth Gremling *Ages: 6-14 years*
Fee: \$40 *Length: 5 weeks*
Location: WCSB Senior Dining Room *Min: 8 Max: 20*
2040.101 M 1/5/09 5:00-5:45 p.m. (6-8 yrs)
2040.102 M 1/5/09 6:00-7:00 p.m. (9-14 yrs)
2040.103 M 2/23/09 5:00-5:45 p.m. (6-8 yrs)
2040.104 M 2/23/09 6:00-7:00 p.m. (9-14 yrs)

~ MUSIC ~



MUSIC BEGINNINGS

This music class is designed for children ages 18 months to 3 years, each with an accompanying parent. The class meets once a week for a half hour and encourages singing, moving, listening, and playing instruments. An additional \$5.00 materials fee is payable to instructor at the first class.

Instructor: Ching Liew *Ages: 1½ - 3 yrs.*
Fee: 33 (+ materials fee) *Length: 6 weeks*
Location: West Grove Park *Min: 5 Max: 12*
3010.101 M 1/05/09 9:00-9:30 a.m.

MUSIC INTERMEDIATES

Curriculum is designed for the 3½ to 5 year old and encourages development of the whole child through music. Parents are welcome to attend the class. Class allows the child to experience music through speaking, singing, moving, listening, creating, and playing instruments. An additional \$5.00 materials fee is payable to instructor at the first class.

Instructor: Ching Liew *Ages: 3½ - 5 yrs.*
Fee: \$65 (+ materials fee) *Length: 6 Weeks*
Location: West Grove Park *Min: 5 Max: 15*
3020.101 M 1/05/09 9:30-10:30 a.m.

RECREATIONAL CLASSES

Winter

Fountain Valley Music General Instructions: Students will need to bring their instrument and materials with them, with the exception of piano classes. Material fees are not included in class registration fees and vary from \$10.00-\$27.00 per course (unless not noted). Make-up lessons are not available for group sessions.

KEYS TO MUSIC

This is a fun beginning piano or keyboard class for young children. Each class involves the child learning through many activities including; games, singing, stories and playing piano. This class is very interactive and parent participation is encouraged. Give your child the gifts of music, studies are continuing to prove that MUSIC MAKES YOU SMARTER. Material Fee \$27.00 before tax.

| | | | |
|--|-----------|------------------------|-----------------------------------|
| <i>Instructor: FVM Staff</i> | | <i>Ages: 4-9 yrs</i> | |
| <i>Fee: \$90 (+ materials fee)</i> | | <i>Length: 6 weeks</i> | |
| <i>Location: Fountain Valley Music</i> | | <i>Min: 4 Max: 10</i> | |
| 3030.101 | M | 1/12/09 | 10:00-11:00 a.m. (4-5 yrs) |
| 3030.102 | W | 1/14/09 | 1:00-2:00 p.m. (4-5 yrs) |
| 3030.103 | M | 1/12/09 | 4:00-5:00 p.m. (6-9 yrs) |
| 3030.104 | Sa | 1/17/09 | 2:00-3:00 p.m. (6-9 yrs) |

GOTTA' SING!

This is a fun vocal techniques class. All ages are taught proper breathing, posture and technique. You will learn how to train your voice while learning to sing in a group. Music is age appropriate based on group interest, examples: Mylie Cyrus / Hannah Montana, High School Musical & more. Materials Fee: \$19.95 (book lasts through multiple 6 week sessions)



| | | | |
|--|----------|------------------------|-----------------------|
| <i>Instructor: FVM Staff</i> | | <i>Ages: 7-12 yrs</i> | |
| <i>Fee: \$90 (+ materials fee)</i> | | <i>Length: 6 weeks</i> | |
| <i>Location: Fountain Valley Music</i> | | <i>Min: 4 Max: 10</i> | |
| 3040.101 | M | 1/12/09 | 5:00-6:00 p.m. |

SESAME STREET MUSIC WORKS PROGRAM

Sesame Street Music Works program is a fantastic program designed for children ages 2-6 and their parents, grandparents, teachers and caregivers to be involved in music making. The program taps into the appeal of one of the world's most respected children's shows to reach a whole new generation of music makers. Fountain Valley Music is a licensed education center for the Sesame Street Music Works Program. Learn from the best! Material Fee is \$10.

| | | | |
|--|-----------|------------------------------|-------------------------|
| <i>Instructor: FVM Staff</i> | | <i>Ages: 2-6 yrs + Adult</i> | |
| <i>Fee: \$60 (+ materials fee)</i> | | <i>Length: 6 weeks</i> | |
| <i>Location: Fountain Valley Music</i> | | <i>Min: 4 Max: 10</i> | |
| 3050.101 | Tu | 1/13/09 | 10:00-10:45 a.m. |
| 3050.102 | Th | 1/15/09 | 11:00-11:45 a.m. |



PIANOLAND

Taught in a group setting this class introduces reading music, rhythm, technique, and theory. Students will be able to read simple music within this six week period. Call a friend and register today! Material Fee \$15.00 before tax.

| | | | |
|--|----------|------------------------|-----------------------|
| <i>Instructor: FVM Staff</i> | | <i>Ages: 8-14 yrs.</i> | |
| <i>Fee: \$90 (+ materials fee)</i> | | <i>Length: 6 weeks</i> | |
| <i>Location: Fountain Valley Music</i> | | <i>Min: 4 Max: 10</i> | |
| 3060.101 | W | 1/14/09 | 8:00-9:00 p.m. |

POP PIANO for TEENS

For all of the aspiring pop stars we have the perfect course for teens with no previous musical experience. We will learn the basics of piano playing along with chords and some current pop music. Our approach will get you playing the music you want to play FAST! Materials Fee \$20.00 before tax

| | | | |
|--|-----------|--------------------------|-----------------------|
| <i>Instructor: FVM Staff</i> | | <i>Ages: 13 -17 yrs.</i> | |
| <i>Fee: \$90 (+ materials fee)</i> | | <i>Length: 6 weeks</i> | |
| <i>Location: Fountain Valley Music</i> | | <i>Min: 4 Max: 10</i> | |
| 3070.101 | Tu | 1/13/09 | 5:30-6:30 p.m. |

Register for classes online at www.activenet.active.com/westminster

(714) 895-2860

PLAY PIANO NOW! ADULTS

Have you heard the news? "Making music makes you smarter, healthier and happier". Music is more than fun. Learn from an instructor who will keep you motivated and excited about playing the piano. Don't wait any longer to start. Take this opportunity and register today. Materials Fee \$20.00 + tax

Instructor: FVM Staff *Ages: Adult*
Fee: \$90 (+ materials fee) *Length: 6 weeks*
Location: Fountain Valley Music *Min: 4 Max: 10*
3080.101 Th 1/15/09 12:00 noon-12:45 p.m. (Seniors)
3080.102 Th 1/15/09 8:00-8:45 p.m.

LEAPING LIZARDS MUSIC

Leaping Lizards Music is a carefully designed music and skill development program for infants, toddlers, and preschool aged children. In 5 weeks, Leaping Lizards Music will help your child develop motor, language, social and cognitive skills through hands-on music fun! Also, your child will be introduced to real instruments as well as basic music concepts. Parent participation required. Each 5-week course has new music themes and teaches new skills. Check us out on the web! www.leapinglizardsmusic.com

Instructor: Ashli Christoval *Ages: 6 months – 24 months*
Fee: \$44.00 *Length: 5 weeks*
Location: WCSB Room 3/4 *Min: 4 Max: 15*
3120.101 Tu 1/06/09 9:30 – 10:15 a.m.
3120.102 Tu 2/10/09 9:30 – 10:15 a.m.
3120.103 Tu 3/17/09 9:30 – 10:15 a.m.

GUITAR MADE E-Z! 101 A

This course is a basic approach to playing the guitar, for beginners only. You will learn to read notation and tab in addition to rhythms and technique. A materials fee of \$12.95 (plus tax) is payable to instructor at first class. Please bring your guitar to practice or you may rent one for a nominal cost.



Instructor: FVM Staff
Ages: 6 yrs +
Fee: \$90 (+ materials fee) *Length: 6 weeks*
Location: Fountain Valley Music *Min: 4 Max: 10*
3090.101 W 1/14/09 3:30-4:30 p.m. (6-8 yrs)
3090.102 W 1/14/09 5:00-6:00 p.m. (9-12 yrs)
3090.103 W 1/14/09 6:00-7:00 p.m. (13-17 yrs)
3090.104 W 1/14/09 7:00-8:00 p.m. (Adults)

~SPECIAL INTEREST~

GO GREEN WITH SOY WAX CANDLES

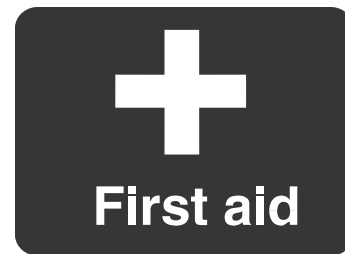
This fun and easy hands on workshop will teach you how to make soy wax candles. You will learn the benefits of soy wax candles as an alternative to paraffin candles. You will leave the class with a finished project for the home or as a gift. A \$15 material fee is payable to the instructor at the class meeting.

Instructor: TBA *Ages: 18 yrs +*
Fee: \$25 + materials fee *Length: 1 session*
Location: GG Senior Center *Min: 3 Max: 25*
4011.101 Th 1/22/09 6:00-9:00 p.m.

CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. **A \$15 Material fee is payable to the instructor at class.**

Instructor: Jack Griswold *Ages: 12 yrs +*
Fee: \$10 + materials fee *Length: 1 day*
Location: WCSB Room A/B *Min: 8 Max: 20*
4010.101 Th 1/08/09 6:00-10:00 p.m.
4010.102 Sa 2/21/09 8:00-11:00 a.m.
4010.103 Tu 3/10/09 6:00-10:00 p.m.



FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. **A \$15 Material fee is payable to the instructor at class.**

Instructor: Jack Griswold *Ages: 12 yrs +*
Fee: \$10 + materials fee *Length: 1 day*
Location: WCSB Room A/B *Min: 8 Max: 20*
4020.101 Th 1/15/09 6:00-10:00 p.m.
4020.102 Sa 2/21/09 11:00 a.m.-2:00 p.m.

RECREATIONAL CLASSES

Winter

SUPERSITTERS! BABYSITTING SMARTS

This is a great common sense course designed for anyone caring for children. This class meets the Girl Scout Merit Badge requirement. Students will have a quick review of basic CPR, first aid, and how to reduce the spread of germs in order to keep everyone healthy. **A \$5 materials fee is payable to instructor at class.**

Instructor: Jack Griswold *Ages: 11 yrs. +*
Fee: \$31 (+ materials fee) *Length: 2 hours*
Location: WCSB Room A/B *Min: 8 Max: 20*
4030.101 Sa 2/21/09 2:00-4:00 p.m.

HOW TO SELL ON EBAY

Everyone has lots of stuff in closets, drawers, garages and are even paying for storage areas to hold this stuff. Why not make some money and help out others clear out their stuff at the same time? This class will show you how to sell on eBay. We will discuss organization, categorization and how to write posts for your items.

Instructor: Frances Greenspan *Ages: 18 yrs +*
Fee: \$89 *Length: 2 weeks*
*Location: * GG Sports & Rec Center* *Min: 3 Max: 25*
or WCSB Room A/B
4040.101 *F 1/09/09 6:30-8:30 p.m. (3 weeks)
4040.102 W 2/25/09 10:00 a.m.-1:00 p.m. (2 weeks)



BECOME A NON-SMOKER WITH HYPNOSIS

If your MONEY and HEALTH have been going up in smoke, it's time to claim your RIGHT to be smoke-FREE! This workshop will guide your mind to accomplish this goal, for all the important reasons! An optional CD is available in class for \$12.00. Pillow/blanket/mat are all optional.

Instructor: Pamela J. Schmidt, M.S., C.C.H. *Ages: Adult*
Fee: \$24 *Length: 2 weeks*
Location: WCSB Room 3/4 *Min: 6 Max: 20*
4060.101 M 2/23/09 7:30-9:00 p.m.

BECOME SLENDER WITH HYPNOSIS

Releasing weight and feeling great as your mind and body create the habits and responses that lead to SUCCESS, COMFORT, AND SATISFACTION. An optional cassette/CD is available in class for \$12.00. Pillow/blanket/mat are all optional.

Instructor: Pamela J. Schmidt, M.S., C.C.H *Ages: Adult*
Fee: \$46 *Length: 4 weeks*
Location: WCSB Room A/B *Min: 8 Max: 20*
4061.101 M 1/19/09 7:30-9:00 p.m.



ONLINE DRIVER'S EDUCATION

Are you tired of asking your parents for a ride? Are you at least 15 years old? If so, this class is for you. This is an interactive, online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion (OL 237). This class is a requirement for teens under 17 ½ years old to obtain a learner's permit & driver's license. A licensed instructor is available to answer any questions. **Students must have access to the Internet to participate in the course.** Students will be contacted with login information **after registering for the class.**

Instructor: Erika Vieyra *Ages: 15 yrs +*
Fee: \$55 *Length: 24/7 daily access*
Location: Your home computer
4070.101 TBD January-March Arranged after registering

INSTRUCTORS WANTED

Do you have a special talent or skill and a strong desire to share it with others? The City of Westminster is looking for new instructors who want to share their knowledge and talents through teaching truly unique recreational classes!

Interested? Please call (714) 895-2860, x 556.

KIDSTAGE

KidStage, an international after-school drama program for youths, gives kids the opportunity to discover the theatre, their acting abilities, build self-confidence, leadership, and teamwork skills while having fun in a safe, creative environment. Through improvisation, skits, theatre games & and of course, acting and drama exercises, children are empowered to find the performer inside all of us. **Please note: Students must be able to read** A \$3.00 materials fee is due instructor at the first class. ***(Parents are not allowed in classroom)**



Instructor: KidStage Staff

Fee: \$60 + materials fee

Location: WCSB Craft Room

4140.101 F 1/09/09*

4140.102 F 2/06/09*

*** Classes are held every other Friday.**

Ages: 6-14 yrs

Length: 4 weeks

Min: 8 Max: 15

5:00-6:00 p.m.

5:00-6:00 p.m.

MYSTAR PRESCHOOL PREP

The MyStar Preschool prep program provides a nurturing environment where young children can explore their surroundings and relationships in a manner that is developmentally appropriate. Your children will enjoy their first school experience at MyStar in an atmosphere which offers many opportunities for hands-on experiences. MyStar students participate in structured and unstructured activities that include gross and fine motor skills, eye-hand coordination, problem solving experience and language development skills. Our curriculum includes opportunities for art & crafts, music, movement, dramatic arts and P.E. We provide a non-threatening environment that encourages independence and a positive self image. **Children must be potty trained, snack provided by parents and parents do not stay in the classroom, unless prior arrangements are made.** A \$5 materials fee is due instructor at the first class.

Instructor: KidStage Staff

Fee: \$150 + materials fee

Location: WCSB Craft Room

4141.101 MWF 1/05/09

4141.102 MWF 2/02/09

4141.103 MWF 3/02/09

Ages: 3 1/2 - 5 yrs

Length: 4 weeks

Min: 5 Max: 15

8:30-11:30 a.m.

8:30-11:30 a.m.

8:30-11:30 a.m.

PUPPY KINDERGARTEN

Start Your Pup Out on the Right Paw!

Establish good manners at an early age and make your new puppy a more enjoyable family member and better citizen of his community! Geared for young puppies between two and five months of age, course emphasizes socialization, introduces basic commands, and walking on a leash. Various puppy care topics such as housebreaking, teething problems, health care pointers, etc. are discussed. Awards are presented at the last class. **Please do NOT bring puppies to the first, orientation meeting.** Please bring vaccination records and a \$5 insurance fee which is due to your instructor at the first meeting.

Instructor: Khara Knight (HHDOC) Fee: \$64

Ages: 10 yrs to Adult (Handlers) (Dogs: 2-5 months)

Location: H. Louis Lake Senior Center Length: 6 weeks

(1st mtg. orientation, held inside w/out dogs)

Min: 6 Max: 25

(ALL other mtgs. with dogs held at Hare Park School)

4090.101

Sa

1/24/09

8:30-9:30 a.m.

DOG OBEDIENCE TRAINING

Give your dog a new leash on life!

This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel



command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. **The first meeting will be an orientation, WITHOUT DOGS.** Please bring vaccination records and \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight (HHDOC) Fee: \$76

Ages: 10 yrs to Adult (Handlers) Dogs: 6 mos.+

Location: H. Louis Lake Senior Center (lrg. dogs 4 mos.)

Length: 6 weeks

Min: 8 Max: 25

(1st mtg. orientation, held inside w/out dogs)

(ALL other mtgs. with dogs held at Hare Park School)

4091.101

Sa

1/24/09

9:30-10:30 a.m.

RECREATIONAL CLASSES

Winter

DOG MANNERS "CRASH COURSE"

A 4 week, fast-paced course designed for people who need to accomplish their dog training goals and get behavior problems under control within a limited period of time. Each week several new obedience skills will be introduced and preventative and corrective measures for a variety of bad habits will be discussed (e.g. sit, down on command, stay in sit or down position in presence of distractions, come when called, and controlled walking on a leash. **Pre-Register! You will be contacted regarding what to bring to the first lesson. Dogs are brought to all meetings.** \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight (HHDOC) *Fee: \$64*
Ages: Handlers (10 yrs +) *Dogs (6 months +, large breeds 4mths)*
Location: Bolsa Chica Park *Min: 6 Max: 20*
Length: 4 weeks
4092.101 Tu 1/13/09 6:15-7:35 p.m.

CALLING ALL FRISBEE DOGS!

Here's your chance to spend an afternoon learning techniques from an avid Dog-Disc competitor, David Procida. Workshop includes instruction on proper Frisbee throwing techniques, how to get your dog motivated to catch a disc AND bring it back to you, and an introduction on how to teach your dog various stunts like spinning, twisting, and weaving in-between your legs. Please bring your dog with a leash, collar, his current vaccination records, water, clean-up bags, a lawn chair, and \$5.00 for insurance and materials. Frisbees will be provided for each dog.

Instructor: David Procida *Fee: \$39*
Ages: Handlers, 10 yrs + *Dogs: (6 mos +)*
Hacienda Hills Dog Obed. Club *Length: 3 hrs.*
Location: Edgar Park, Garden Grove
Min: 3 dogs Max: 12 dogs
4093.101 Sa 2/21/09 12:00 p.m.-3:00 p.m.



IN-HOME TRAINING for your DOG or PUPPY

Need help in canine communication, but prefer the convenience and privacy of your own home rather than a group setting? This one-on-one training course is for you! A professional trainer from Hacienda Hills Dog Obedience Club will meet with you for 3 one hour lessons, at a time convenient for you. Basic obedience commands and personalized help with correcting annoying bad habits like jumping on guests, nuisance barking, digging, chewing, escaping from the yard, housebreaking, etc. will be taught. You will be contacted to schedule your lessons after registering for the class.

Instructor: Khara Knight *Ages: 14 yrs +*
Hacienda Hills Dog Obedience Staff *Fee: \$230*
Length: 3 (1 hr.) classes
Location: Registrant's Home
4094.101 TBD January-March 8:00 a.m.-8:00 p.m.

~ SPORTS & FITNESS ~

INTRODUCTION TO GYMNASTICS (Children)

These classes will introduce students to the vault, bars, beam, floor, and trampoline, with free time in the 'pit'. Classes are designed to enhance the students confidence as they gain strength, flexibility, and coordination. Sorry, there are no make-ups for missed classes. Classes are combined with other city classes which may require participants to change class times, if their requested class is full. **EARLY REGISTRATION IS ENCOURAGED!**

Instructor: New Hope Gymnastics Staff *Ages:* 3-4 yrs coed
Fee: \$89 (1 hour) *Length:* 8 weeks
Location: New Hope Academy Gymnastics *Min:* 3 *Max:* 6

| | | | |
|-----------------|-----------|---------------|------------------------|
| 4210.101 | M | 1/5/09 | 9:00-10:00 a.m. |
| 4210.102 | Tu | 1/6/09 | 9:30-10:30 a.m. |
| 4210.103 | W | 1/7/09 | 9:00-10:00 a.m. |

BEG/INTERMEDIATE

These classes will introduce students to the vault, bars, beam, floor, and trampoline, with free time in the 'pit'. Classes are designed to enhance the students confidence as they gain strength, flexibility, and coordination. Sorry, there are no make-ups for missed classes. Classes are combined with other city classes which may require participants to change class times, if their requested class is full.

Instructor: New Hope Gymnastics Staff *Ages:* 4-5 yrs
Fee: \$89 *Length:* 8 weeks
Location: New Hope Academy Gymnastics *Min:* 3 *Max:* 6

| | | | |
|-----------------|-----------|---------------|-------------------------|
| 4210.104 | M | 1/5/09 | 11:00-12:00 p.m. |
| 4210.105 | Tu | 1/6/09 | 11:30-12:30 p.m. |
| 4210.106 | W | 1/7/09 | 11:00-12:00 p.m. |

LEVEL 1 GIRLS

Girls will work on the basic skills to gain strength and flexibility so as to become proficient on all events; vault, bars, beam, floor, and trampoline. They will also use the 'pit' and rope.

Instructor: New Hope Gymnastics Staff *Ages:* 5-8 yrs
Fee: \$119 *Length:* 8 weeks
Location: New Hope Academy Gymnastics *Min:* 3 *Max:* 6

| | | | |
|-----------------|-----------|----------------|------------------------|
| 4210.107 | F | 1/9/09 | 3:30-5:00 p.m. |
| 4210.108 | Sa | 1/10/09 | 9:00-10:30 a.m. |



PARENT-N-ME

Parents will assist and encourage their children as they learn the basic skills of gymnastics by jumping, skipping, hopping, rolling, kicking, balancing and swinging their way to a fun time in class. This is a teacher directed with parent assisted class.

Instructor: New Hope Gymnastics Staff *Ages:* 2-3 yrs +Parents
Fee: \$89 *Length:* 8 weeks
Location: New Hope Academy Gymnastics *Min:* 3 *Max:* 6

| | | | |
|-----------------|-----------|----------------|-------------------------|
| 4211.101 | Tu | 1/6/09 | 10:30-11:30 a.m. |
| 4211.102 | W | 1/7/09 | 6:30-7:30 p.m. |
| 4211.103 | M | 1/05/09 | 6:30-7:30 p.m. |

PARENT-N-ME PLAYTIME

Be a kid yourself as you roll, tumble, and bounce with your child in a safe and fun environment! This is an open gym style class. (Adult must be within arms length of their child.)

Instructor: New Hope Gymnastics Staff *Ages:* 2-5 yrs +Parents
Fee: \$56 *Length:* 8 weeks
Location: New Hope Academy Gymnastics *Min:* 3 *Max:* 10

| | | | |
|-----------------|-----------|---------------|-------------------------|
| 4211.104 | M | 1/5/09 | 10:00-11:00 a.m. |
| 4211.105 | W | 1/7/09 | 10:00-11:00 a.m. |
| 4211.106 | Th | 1/8/09 | 9:30-10:30 a.m. |



RECREATIONAL CLASSES

Winter

PARENT & ME

Spend some fun time learning to skate with your child. Skate at your own pace and get some great exercise. Price includes, public skating from 3:00 – 5:00 p.m. on Wednesday or 11:00 a.m. to 12:30 p.m. on Saturday. Skate rental is free. Skate rental is free. Dress warmly and wear gloves.

Instructor: OC Skating Academy at KHS

Fee: \$45.00

Location: KHS Ice Arena

Ages: 3-6 yrs.

Length: 6 weeks

Min: 1 Max: 10

| | | | |
|-----------------|-----------|----------------|------------------------|
| 5010.101 | W | 1/7/09 | 5:00-5:30 p.m. |
| 5010.102 | Sa | 1/10/09 | 12:15-1:45 p.m. |
| 5010.103 | W | 2/18/09 | 5:00-5:30 p.m. |
| 5010.104 | Sa | 2/21/09 | 12:15-1:45 p.m. |

SKATING FOR TOTS

Children learn to have fun on skates. Hopping, gliding, playing games, and more, more its great exercise. Bring your child and watch them smile! Public skating from 3:00 – 5:00 on Wednesday or 11:00 – 2:30 on Saturday, plus skate rental is included. Please dress your children warm and gloves are a must! No parent is to leave the building while their child is on the ice.

Instructor: OC Skating Academy at KHS

Fee: \$45.00

Location: KHS Ice Arena

Ages: 3-6 yrs.

Length: 6 weeks

Min: 1 Max: 10

| | | | |
|-----------------|-----------|----------------|-------------------------|
| 5010.105 | W | 1/7/09 | 5:00-5:30 p.m. |
| 5010.106 | Sa | 1/10/09 | 11:10-11:30 a.m. |
| 5010.107 | W | 2/18/09 | 5:00-5:30 p.m. |
| 5010.108 | Sa | 2/21/09 | 11:10-11:30 a.m. |

BEGINNING SKATE

Learn the beauty and grace of ice skating. Learn to glide forward, backward, stop, turn and more. Skate rental and public skating from 3:00 - 5:00 p.m. on Wednesday or 11:00 - 2:30 p.m. on Saturday is included. Dress warm and wear gloves. No parent is to leave the building while their child is on the ice.

Instructor: OC Skating Academy at KHS

Ages: 7-15 yrs.

Fee: \$45.00

Location: KHS Ice Arena

Length: 6 weeks

Min: 1 Max: 10

| | | | |
|-----------------|-----------|----------------|-------------------------|
| 5020.101 | W | 1/7/09 | 5:30-6:00 p.m. |
| 5020.102 | Sa | 1/10/09 | 11:10-11:30 a.m. |
| 5020.103 | W | 2/18/09 | 5:30-6:00 p.m. |
| 5020.104 | Sa | 2/21/09 | 11:10-11:30 a.m. |



BEGINNING HOCKEY

This class is designed for the child who wants to play hockey. Basic skating skills are taught. Learn how to glide forward, stop, and turn backward on hockey skates. Hockey gear is optional. A helmet and a stick is a must. Public skating from 3:00-5:00 p.m. on Wednesday (sticks are not allowed on public session), plus skate rental is included.

Instructor: OC Skating Academy at KHS

Ages: 7-14 yrs.

Fee: \$45.00

Location: KHS Ice Arena

| | | | |
|-----------------|----------|----------------|-----------------------|
| 5030.101 | W | 1/7/09 | 5:30-6:00 p.m. |
| 5030.102 | W | 2/18/09 | 5:30-6:00 p.m. |

Length: 6 weeks

Min: 1 Max: 10



ADULT BEGINNER

Get some great exercise and have fun while doing it. Learn the basics of figure skating; skating forward, stopping, skating backward. Price includes public skating from 11:10 – 2:00 on Saturday. Free skate rental. Please dress warm and wear gloves.

Instructor: OC Skating Academy at KHS

Fee: \$45.00

Location: KHS Ice Arena

| | | | |
|-----------------|-----------|----------------|-------------------------|
| 5040.101 | Sa | 1/10/09 | 11:45-12:15 p.m. |
| 5040.102 | Sa | 2/21/09 | 11:45-12:15 p.m. |

Ages: 18 yrs. +

Length: 6 weeks

Min: 1 Max: 10

A DAY AT THE FARM

Enjoy the experience of A Day at the Farm! We sing a song with puppets, fiddle with a farm craft to take home, and visit with a different farm animal each week! Take a real live pony ride each week, too! An additional \$15.00 materials fee will be due at first meeting. Please wear closed-toed shoes and bring a bicycle helmet. **Parent participation required.**

Instructor: Cheryl Skidmore & Staff

Fee: \$55 (+ materials fee)

Location: Rancho Del Rio Stables

| | | | |
|-----------------|----------|---------------|------------------------|
| 4310.101 | F | 2/6/09 | 9:00-10:00 a.m. |
| 4310.102 | F | 3/6/09 | 9:00-10:00 a.m. |

Ages: 18 mos-6 yrs

Length: 4 weeks

Min: 5 Max: 15

Register for classes online at www.activenet.active.com/westminster

(714) 895-2860

HORSE FUN FOR PRESCHOOLERS

Join us for an afternoon of "horsing" around! Share and enjoy with your child the experience of caring for horses! Learn how to halter, wash, groom, & feed horses along with basic skills. An additional \$15.00 materials fee will be due at 1st meeting. Please wear low-heeled, closed-toed shoes, and bring a bicycle helmet for your tot. **Parent participation required.**

Instructor: Cheryl Skidmore & Staff *Ages: 3-6 yrs*
Fee: \$55 (+ materials fee) *Length: 4 weeks*
Location: Rancho Del Rio Stables *Min: 5 Max: 15*

| | | | |
|-----------------|-----------|---------------|-------------------------|
| 4320.101 | Sa | 2/7/09 | 10:00-11:00 a.m. |
| 4320.102 | Sa | 3/7/09 | 10:00-11:00 a.m. |



HORSE FUN FOR KIDS

Let's "horse" around together! Learn basic horsemanship. You will wash, groom, halter, muck stalls, feed, saddle, and ride horses while learning all about breeds, colors, and the differences between horses and ponies. An additional \$15.00 materials fee is due at the first class meeting. Please wear low-heeled, closed-toed shoes, and bring a bicycle helmet.

Instructor: Cheryl Skidmore & Staff *Ages: 7-12 yrs*
Fee: \$55.00 (+ materials fee) *Length: 4 weeks*
Location: Rancho Del Rio Stables *Min: 5 Max: 15*

| | | | |
|-----------------|-----------|---------------|------------------------|
| 4330.101 | Sa | 2/7/09 | 9:00-10:00 a.m. |
| 4330.102 | Sa | 3/7/09 | 9:00-10:00 a.m. |

HORSE FUN FOR TEENS & ADULTS

Join us for one hour of pure horse pleasure. You'll learn to halter, curry, dandee, hoof pick, tie a Windsor, saddle, mount, walk, stop, turn, and dismount a willing equine! An additional \$15.00 materials fee is due at the first class meeting. Please wear low-heeled, close-toed shoes, and bring a bicycle helmet.

Instructor: Cheryl Skidmore & Staff *Ages: 13 to Adult*
Fee: \$55 (+ materials fee) *Length: 4 weeks*
Location: Rancho Del Rio Stables *Min: 5 Max: 15*

| | | | |
|-----------------|-----------|---------------|-----------------------|
| 4340.101 | Sa | 2/7/09 | 3:00-4:00 p.m. |
| 4340.102 | Sa | 3/7/09 | 3:00-4:00 p.m. |

O.C. ELITE CHEER & TUMBLING

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Participants will be required to purchase uniforms for competitions (approximately \$250.00), however, fundraising opportunities will be available to help defray the cost.

Instructor: Brooke McComb & Staff *Ages: 6-14 yrs*
Fee: \$50 (+ uniform cost) *Length: 4 wks*
Location: WCSB East/West Room *Min: 6 Max: 25*

| | | | |
|-----------------|----------|----------------|-----------------------|
| 4410.101 | M | 1/05/09 | 5:00-6:30 p.m. |
| 4410.102 | M | 2/02/09 | 5:00-6:30 p.m. |
| 4410.103 | M | 3/09/09 | 5:00-6:30 p.m. |

OLYMPIC FENCING

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game fencing requires a mental attitude of self discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics fencing is fun for the whole family. We provide everything needed to fence (mask, Jacket, glove, and weapon). The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

Instructor: Gerald Benford *Age: 8 yrs +*
Fee: \$67 *Length: 6 wks*
Location: WCSB East/West Room *Min: 15 Max: 45*

| | | | |
|-----------------|-----------|----------------|--------------------------------------|
| 4510.101 | Tu | 1/20/09 | 6:00-7:00 p.m. (8 yrs-12 yrs) |
| 4510.102 | Tu | 1/20/09 | 7:05-8:05 p.m. (13 yrs +) |

KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts *Ages: 3-6 yrs.*
Fee: \$40 *Length: 6 weeks*
Location: WCSB East/West Room *Min: 8 Max: 34*

| | | | |
|-----------------|-----------|----------------|-----------------------|
| 5050.101 | Th | 1/22/09 | 5:00-5:30 p.m. |
|-----------------|-----------|----------------|-----------------------|

RECREATIONAL CLASSES

Winter



BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts

Fee: \$45

Location: WCSB East / West Room

5050.102 Th 1/24/09

Ages: 7 yrs.+

Length: 6 weeks

Min: 8 Max: 30

5:30-6:00 p.m.

GOLF BASICS

Golf basics are great not only for beginners, but for golfers of all skill levels who need a refresher in fundamentals. Learn golf in a fun, non-threatening environment. Our goal is simple: to help you develop a passion for the game of golf.

Instructor: Gene Shouler

Fee: \$195

Location: David L. Baker Golf Course

5060.101 Th 1/08/09

5060.102 Th 1/29/09

5060.103 Th 2/26/09

5060.104 Th 3/05/09

Ages: 18 yrs +

Length: 5 weeks

Min: 2 Max: 6

6:00-7:00 p.m.

6:00-7:00 p.m.

6:00-7:00 p.m.

6:00-7:00 p.m.

GET FIT with TAE KWON DO

Learn the proper techniques of this popular martial art through physical conditioning, strengthening, agility, self-defense, mental conditioning, sparring, and much more. Instructors are 2nd and 1st degree Black Belts in Tae Kwon Do, respectively.

Instructor: Julie Young & Alfred Aldanese

Fee: \$60 + testing

Location: WCSB Room A/B

5070.101 Sa 1/10/09

5070.102 Sa 2/14/09*

5070.103 Sa 3/14/09

Ages: 7 yrs +

Length: 2 or 3 wks*

Min: 3 Max: 15

9:00 a.m.-11:00 a.m.

9:00 a.m.-12:00 p.m.

9:00 a.m.-11:00 a.m.

***No Class 2/21**

JUDO~JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen

Fee: \$85 2 days/week \$100 3 days/week

Location: WCSB Room A/B

5170.101 Tu/W 1/13/09

5170.102 Tu/W/F 1/13/09

5170.103 Tu/W 2/17/09*

5170.104 Tu/W/F 2/17/09*

Ages: 5 - 11 yrs

Length: 5 wks

Min: 3 Max: 15

6:00-7:00 p.m.

6:00 -7:00 p.m.

6:00-7:00 p.m.

6:00-7:00 p.m.

***No Class Tues. 3/10**

COMPETITIVE JUDO~ BIG KIDS & ADULTS

A class that is designed for all levels to learn the competitive aspect of Judo. This class focuses on training for a competition and the self-defense aspect of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.



Instructor: Tu Nguyen

Fee: \$100 2 days/week \$120 3 days/week

Location: WCSB Room A/B

5180.101 Tu/W 1/13/09

5180.102 Tu/W/F 2/17/09*

5180.103 Tu/W 1/13/09

5180.104 Tu/W/F 2/17/09*

Ages: 12 yrs +

Length: 5 wks

Min: 3 Max: 15

7:00-8:30 p.m.

7:00-8:30 p.m.

7:00-8:30 p.m.

7:00-8:30 p.m.

***No Class Tues. 3/10**

HULAEROBICS

Get fit with Hulaerobics. Hula dance fitness is the rhythmic movement of the entire body to music. This class will sculpt your body with the method of Polynesian dancing, Pilates, Yoga, and the Hula-hoop.

Instructor: Pamela Johnson

Fee: \$45

Location: WCSB Room 3/4

5190.101 W 1/14/09

5190.102 W 2/18/09

Ages: 12 yrs +

Length: 4 wks

Min: 3 Max: 20

12:00-1:00 p.m.

12:00-1:00 p.m.

Register for classes online at www.activenet.active.com/westminster

(714) 895-2860

~ TENNIS ~

TINY TOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her one-half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required.

| | | | | |
|--|----|---------|----------------|------------------------|
| <i>Instructor: Becky Recavarren, USPTA</i> | | | | <i>Ages: 4-7 yrs.</i> |
| <i>Fee: \$31 (+ supplies)</i> | | | | <i>Length: 5 weeks</i> |
| <i>Location: Park West Park</i> | | | | <i>Min: 6 Max: 15</i> |
| 5210.101 | Tu | 1/13/09 | 4:00-4:30 p.m. | |
| 5210.102 | W | 1/14/09 | 4:00-4:30 p.m. | |
| 5210.103 | Th | 1/15/09 | 3:30-4:00 p.m. | |
| 5210.104 | Tu | 2/24/09 | 4:00-4:30 p.m. | |
| 5210.105 | W | 2/25/09 | 4:00-4:30 p.m. | |
| 5210.106 | Th | 2/26/09 | 3:30-4:00 p.m. | |

BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required.

| | | | | |
|--|----|---------|----------------|------------------------|
| <i>Instructor: Becky Recavarren, USPTA</i> | | | | <i>Ages: 7-15 yrs.</i> |
| <i>Fee: \$51 (+ supplies)</i> | | | | <i>Length: 5 weeks</i> |
| <i>Location: Park West Park</i> | | | | <i>Min: 6 Max: 15</i> |
| 5220.101 | Tu | 1/13/09 | 4:30-5:30 p.m. | |
| 5220.102 | W | 1/14/09 | 4:30-5:30 p.m. | |
| 5220.103 | S | 1/17/09 | 8:00-9:00 a.m. | |
| 5220.104 | Tu | 2/24/09 | 4:30-5:30 p.m. | |
| 5220.105 | W | 2/25/09 | 4:30-5:30 p.m. | |
| 5220.106 | S | 2/28/09 | 8:00-9:00 a.m. | |



INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

| | | | | |
|--|----|---------|----------------|------------------------|
| <i>Instructor: Becky Recavarren, USPTA</i> | | | | <i>Ages: 7-15 yrs.</i> |
| <i>Fee: \$51 (+ supplies)</i> | | | | <i>Length: 5 weeks</i> |
| <i>Location: Park West Park</i> | | | | <i>Min: 6 Max: 15</i> |
| 5230.101 | Tu | 1/13/09 | 5:30-6:30 p.m. | |
| 5230.102 | W | 1/14/09 | 5:30-6:30 p.m. | |
| 5230.103 | Tu | 2/24/09 | 5:30-6:30 p.m. | |
| 5230.104 | W | 2/25/09 | 5:30-6:30 p.m. | |



INTERMEDIATE/ADVANCED JR. TOURNAMENT PLAY

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

| | | | | |
|--|-----|---------|----------------|-------------------------|
| <i>Instructor: Becky Recavarren, USPTA</i> | | | | <i>Ages: 10-16 yrs.</i> |
| <i>Fee: \$51 (+ supplies)</i> | | | | <i>Length: 5 weeks</i> |
| <i>Location: Park West Park</i> | | | | <i>Min: 6 Max: 15</i> |
| 5230.105 | Th* | 1/15/09 | 4:00-5:15 p.m. | |
| 5230.106 | Th* | 2/26/09 | 4:00-5:15 p.m. | |

***Instructor Permission Only**

BEGINNING/INTERMEDIATE ADULTS

A member of the United States Professional Tennis Association, Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

| | | | | |
|--|----|---------|-----------------|-------------------------------|
| <i>Instructor: Becky Recavarren, USPTA</i> | | | | <i>Ages: 16 yrs. to Adult</i> |
| <i>Fee: \$51 (+ supplies)</i> | | | | <i>Length: 5 weeks</i> |
| <i>Location: Park West Park</i> | | | | <i>Min: 6 Max: 15</i> |
| 5240.101 | Tu | 1/13/09 | 6:30-7:30 p.m. | |
| 5240.102 | S | 1/17/09 | 9:00-10:00 a.m. | |
| 5240.103 | Tu | 2/24/09 | 6:30-7:30 p.m. | |
| 5240.104 | S | 2/28/09 | 9:00-10:00 a.m. | |

PARTICIPANT SPOTLIGHT - CARLY DODDS

Seven years ago Carly Dodds began taking tennis lessons through the Westminster Community Services & Recreation Department under the instruction of Becky Recavarren and you wouldn't believe how far she's come.

In 2004, Carly joined the Special Olympics Tennis Team, and has competed in two regional games, held at Saddleback College and two summer games, held at Long Beach State. Carly competes in both singles and doubles and has won numerous medals. She was Orange County's first sports ambassador for tennis, and participated, along with athletes from other sports, in Orange County's major fundraiser for the program. Carly has also competed in Speed Skating for two years in the Special Olympics.

Carly is currently 21 years old and attends an adult transition program in Fountain Valley. She is currently taking a couple courses at Golden West College and recently received her driver's license & now proudly drives herself to school.

Carly resumed tennis lessons through the City of Westminster this past spring and thoroughly enjoys having Becky as her instructor. Becky brings a smile to Carly's face each lesson and Carly does the same for Becky. Carly currently lives with her Mom, Dad, dog Niki and bird Rico. In addition to tennis, she loves music, movies and just "hanging out."



Holiday Decorating Contest

*Enter your home in our annual
decorating contest! For more
information or an application, please
visit our website at
www.ci.westminster.ca.us
or call the Community Services
Department at 714.895.2860.*



Cultural Arts Commission

Lupe Fisher, Chairperson
 Peter Nguyen, Vice Chairperson
 Miriam Aguillares
 Kelly Cao, D.C.
 Christine King
 Phillip Hodgetts, Alternate
 Diana Mendez, Alternate
 Tina Vo, Alternate

BLAKEY HISTORICAL PARK & MUSEUM - Call Joy L. Neugebauer at 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

LAS TAPATIAS FOLKLORIC DANCERS - Call Julia Martinez at 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at Sigler Park on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

VIETNAMESE CULTURAL PROGRAMS - Call Professor Chau Van Nguyen, Program Director, at 531-4907, or 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

WESTMINSTER COMMUNITY THEATER - Call Rhonda at 527-5546. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

NICHOLSON PIPES & DRUMS - Call Malcolm Willis at 891-9445 and ask the operator to page him. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

ORANGE COUNTY CHILDREN'S THEATER - Call 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is *for children, by children*, and is open to all young people ages 5 through 18. *Parent involvement is required.* Call now to get on their mailing list so you will not miss productions or auditions.

CLASS ACT - Call Alicia Cain at 593-1501 to book this group of Senior Citizen singers, or to get information on how to become a member.

ORANGE COUNTY ROSE SOCIETY - Call Tom Cooney at 949-362-2710 or visit our website at <http://www.websightstech.com/ocrs/>. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

ROSE CENTER FOUNDATION - The Rose Center Foundation is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the auditorium throughout the year. **To contact the Rose Center for information please call Mayor Margie L. Rice at: 714-898-3311 xt. 275 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. www.rosecentertheater.com**

WESTMINSTER TOASTMASTERS - Call William "Bill" or Carol Ostashay at 714-897-2737. Join this group of orators and become a professional speaker. Whether already a skilled professional, a leader-in-training, or even a parent who wants to improve his/her speaking skills, this organization can help you learn how to relax, plan, and present your ideas more professionally. A member organization of Toastmasters International, members compete and perform at various functions.

COMMISSION ON AGING

Vince Agor, Chairperson
 Sherry Swan, Vice Chair
 Nora Barajas
 Owen Eames
 Jerry Meade
 Vince Petronzio
 Ginger Waugh-Borden, Alternate

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.

SERVICES

Blood Pressure Testing – Thursdays 9:00 a.m. – 11:00 a.m.

Commodities Distribution – The 2nd Wednesday of each month from 9:00 a.m. – 12:00 Noon. To qualify: be 60 years or older, low-income, and live in Westminster.

H.I.C.A.P. – The Health Insurance Counseling and Advocacy Program has a counselor available at the Senior Center on the 2nd Monday of each month from 10:00 a.m. – 12:00 noon, by appointment only. Bring questions regarding HMOs, MediCare, or MediCal. A Vietnamese counselor is available the 1st & 3rd Mondays of each month.

Home Meals – Call SeniorServ (714) 226-0550.

Information and Referrals – Staff is available to answer inquiries on senior activities and services.

Free Legal Services – Legal Aid is available by appointment on Jan 9, Feb 6, Mar 6 from 9:00 a.m. – 12 noon. For general advice on legal matters visit us on the 3rd Tuesday of each month from 10:00 a.m. – 12:00 noon. Appointments are made at the Front Desk.

Health Screening - Wednesdays. This is for age 50 and above. Call for an appointment with Preventive Health Care for Adults (714)-895-2878.

Westminster on Wheels (WOW) Shuttle – Free group pick-ups and shopping routes, Monday through Thursday, 9:00 a.m.- 1:00 p.m. (Curb to Curb Service). Call the Senior Center for more information.

Westminster on Wheels (WOW) Van Transportation – Transportation to the Senior Center for the meals program is available Monday through Friday for Westminster residents. Call the Senior Center for more information.

File of Life – Request this form to keep records of your medications and/or health conditions. Keep it on your refrigerator to alert Paramedics. It could save your life!

SENIOR FITNESS

Join one of the following weekly exercise classes, designed specifically for older adults.

| | | |
|--------------------|---------------------|--------------------------|
| Aerobics | Monday | 10:00 a.m. |
| Adult Fitness | Tuesday & Wednesday | 10:00 a.m. |
| Beg. Adult Fitness | Tuesday & Thursday | 12:30 p.m. |
| Balance & Mobility | Tuesday & Thursday | 8:45 a.m. |
| Line Dancing | Monday | 3:00 p.m. |
| Longevity Stick | Monday & Thursday | 9:00 a.m. |
| Light Weights | Monday & Thursday | 1:15 p.m. |
| Yoga | Tuesday | 9:00, 10:00 & 11:00 a.m. |
| Tai Chi Dance | Friday | 9:00 a.m. |
| Ballroom Dance | Friday | 10:30 a.m. |

Preventive Health Care for Adults Classes (PHCA)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

| | |
|----------|-----------------------------------|
| Jan 7 | New Beginnings |
| Feb 4 | Cholesterol |
| Feb 11 | Cholesterol Screening 8-12 noon |
| March 4 | Diabetes Awareness |
| March 11 | Blood Glucose Screening 8-12 noon |

Diabetes Education and Support Group (PHCA)

Facilitated by Jane Hannah, R.N., certified diabetes educator. The group meets the 3rd Wednesday of each month from 12:30 p.m. to 2:00 p.m. Everyone is welcome to attend. Current topics to be discussed are:

| | |
|-------------|--------------------------------------|
| Jan 21 | Pre diabetes and diabetes prevention |
| February 18 | Heart disease and diabetes |
| Mar 25 | Depression and diabetes |

There will be a Diabetes Series on these following Mondays with Nurse Jane Hannah: February 16 & 23, March 2 & 9 from 9:00 a.m. – 11:30 a.m.

PROGRAMS AND CLASSES

DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$2.50 for the hot lunch. Each meal offers 1/3 of the recommended daily allowance of vitamins and minerals, and is prepared by COMMUNITY SENIORSERV, a federally funded program for older adults. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m. **The fee is \$10.** Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

February 12 & 13

April 9 & 10

CROCHETING AND KNITTING

The "Yarn Spinners" welcome new members. This group enjoys knitting and crocheting for charities. The group donates handmade articles to Interval House, CHOC, and the seniors' Craft Closet. Watch how a little project turns into something meaningful. The group meets every Monday, Wednesday, and Friday from 9:00 a.m.–11:30 a.m.

BEGINNING LINE DANCING

A Beginning Line Dancing class taught through Huntington Beach Adult Education is offered on Mondays at 3:00 p.m. in the East/West Room. Come and join the fun while you exercise your mind and body!



LONGEVITY STICK

Longevity Stick is a Vietnamese form of exercise involving slow movement and stretching. Exercises are done with a long stick, which must be the same length as your height. Each student needs to bring a stick to each class. Beginners are welcome to join any time on Mondays or Thursdays at 9:00 a.m.

BALANCE AND MOBILITY

This is a preventive class for seniors at risk of falling. You must meet entrance criteria which includes a doctor's clearance, medical history, and balance evaluation before enrollment. Class meets every Tuesday and Thursday at 8:45 a.m.

DINNER GROUP

Join the monthly dinner group which meets at local restaurants every 3rd Wednesday at 4:30 p.m. It takes advantage of senior specials, so cost is minimal. Call the Center for restaurant locations and to make your reservation.

BRIDGE CLUB

Bridge Club meets Monday and Thursday. The games begin at 12:00 noon.

BUNCO

Bunco is played the 4th Wednesday of the month at 12:30 p.m.

CHESS CLUB

The Chess Club meets on Tuesdays and Thursdays beginning at 7:30 a.m. New members are always welcome.

MAH JONGG

The Mah Jongg group meets every Monday morning at 10:00 a.m.

SUDOKU

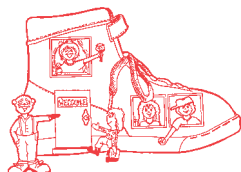
Those interested meet Friday mornings at 10:30 a.m.

INFORMATION AND ACTIVITIES FOR SENIORS **Winter**

MOVIES

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

PROJECT S.H.U.E.



Do you have extra time to listen to a child read? If yes, please consider volunteering at Project S.H.U.E. (**S**afety, **H**ealth, **U**nderstanding, and **E**ducation). During the school year, between 2:00 p.m.--4:30 p.m., Monday through Thursday, there are children who need help with their homework, with language development, in building self-esteem and confidence, as well as just experiencing the joy of achievement. If you would like further information regarding volunteer opportunities, or employment at Project S.H.U.E., please contact Jeanine Manfro at (714)-895-2860, ext. 594.

WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."

The major fundraiser held to fulfill this mission is the Foundation's annual Senior Health Expo. This year's Expo, will be May 20th, providing seniors access to health screenings, insurance and physician information, financial information, and other facts and fun. Proceeds from the Expos help support numerous Senior Center programs.

VOLUNTEERS ARE NEEDED!

There are several exciting volunteer opportunities for the Westminster Senior Center. In order to provide quality programming and services, volunteers are needed. If you are interested in helping with any of the programs below, please send your interest form to Claire Hutchinson, Westminster Senior Center, 8200 Westminster Blvd., Westminster, CA 92683. Phone: (714)-895-2878.

TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Prices for overnight trips are based on double occupancy. A few single rooms may be available at a higher rate. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

| | | |
|--|----------------------------|----------------------------|
| Nethercutt Collection | Jan 29th | |
| \$55 | | |
| Laughlin | Feb 24-26 | \$90/person double |
| | | \$109 single |
| Pageant of Our Lord, Palos Verdes Estates | Mar 28th | \$54 |
| Yosemite | April 5-7 | \$230/person double |
| | | \$317 single |
| Romona Pageant, Hemet | May 2nd | \$72 |



VOLUNTEER INTEREST FORM

Name: _____

Phone: _____

Address: _____

Number Street

City

Zip

I am interested in volunteering for:

- ☐ Kitchen
- ☐ Home Delivered Meals
- ☐ Lunch Receptionist
- ☐ Decorations Committee
- ☐ Project S.H.U.E.
- ☐ Special Events
- ☐ Bingo

Register for classes online at www.activenet.active.com/westminster

(714) 895-2860



SPECIAL THANKS TO THE COMMUNITY FOR SUPPORTING "HALLOWEEN HAPPENING" AT THE WESTMINSTER MALL

The 2008 "Halloween Happening" at Westminster Mall was a "spooktacular" success with ghosts, goblins, super heroes, kings, queens, princesses, and clowns tricking and treating at participating stores throughout the Mall. Several volunteer groups hosted carnival games for the youngsters.

The City of Westminster would like to extend a special thanks to the Westminster Mall for co-hosting this enjoyable event and to the many volunteers who helped make this event a huge success. Special recognition also goes to the following community businesses and civic organizations for their donations: Ms. Miriam Warne, American Legion Post 266, Sam's Club, and the Westminster Police Officers Association.

CHRISTMAS TREE RECYCLING

The Midway City Sanitary District will collect Christmas trees from its regular customers from January 7 through January 18, 2009. Simply put the tree out near your containers on your regular collection day, and a separate truck will come around to collect it. Please be sure to remove all ornaments and tree stands! Please call the Midway City Sanitary District office for all trash service questions at 714-893-3553. Visit the MCSDD website at www.mcsandst.com.

FOSTER/ADOPTIVE PARENTING

It only takes ordinary people to do extraordinary things. There are over 3,000 children in Orange County who have suffered from physical and emotional abuse and neglect. We need Orange County families that can provide them a safe and loving home. Foster parents and adoptive parents are the most valuable resource to abused and neglected children. Make it happen for our children. Become a foster or adoptive parent. **For more information call 1-888-871-KIDS (5437) or visit our website at www.oc4kids.com.**

WESTMINSTER YOUTH COMMITTEE

The purpose of the Westminster Youth Committee is to address the needs of the City's young people through volunteering, while promoting a sense of civic pride. Organizing and implementing youth-focused programs and volunteering their time to established city programs and events, the current YC members offer unique and diversified perspectives.

The City is always looking for motivated and passionate young citizens committed to promoting the important role of our youth in enhancing our community. This is what makes our Westminster Youth Committee so vital. If you are interested in learning more about the Westminster Youth Committee, please contact the Community Services & Recreation Department at (714) 895-2860.



The 2008-2009 Youth Committee members are:

John Chu, Chair, Fountain Valley High School
Pauline Nguyen, Vice Chair, Marina High School
Andrew Duong, Westminster High School
Kevin Lam, Westminster High School
Candice Nguyen, Westminster High School
Duc Nguyen, Westminster High School
Katherine Duong, Warner Middle School
Lucy Wang, Marina High School
Judith Ayala, Marina High School
Krystal Lam, Westminster High School
Catherine Nguyen, Westminster High School
Richard Tran, Westminster High School
Kim Huynh, Warner Middle School



CITY NEWS

Introducing the City of Westminster's Housing Rehabilitation Loan Program



The Housing Rehabilitation Loan Program's purpose is to assist eligible low and moderate income homeowners to improve, maintain, and extend the useful lives of their residences.

The program offers rehabilitation loans of up to **\$45,000** (up to \$50,000 if aluminum wiring repair is required) to eligible low and moderate income households at a deferred (zero) **0%**, or low interest rates ranging from **3% to 3.5%**, depending upon household income. The maximum eligible "household income" is determined by the size (number of persons in the household) and is categorized in the chart below according to the interest rate that will be charged.

The loans are to be used to correct code violations and to eliminate unsafe, unsanitary, and deteriorated living conditions. Thus, by preserving the structural integrity of the community's housing stock, along with providing a positive visual impact, the overall quality of Westminster's neighborhoods is improved.

Eligible projects include:

- Building Code Violations
- Structural Repairs
- Re-roofing
- Electrical Repair
- Water Heater/Heater
- Plumbing Repairs
- Aluminum Wiring Repair
- Windows
- Exterior Painting
- Stucco
- Front Door
- Garage Door
- Interior Painting
- Vinyl Flooring
- Fencing/Gates
- Driveway
- Landscaping
- Fumigation

Household Income Eligibility Guidelines:

| Household Size | Maximum Household Incomes* | | |
|----------------|----------------------------|----------|-----------|
| | 0% | 3% | 3.5% |
| 1 | \$41,208 | \$48,500 | \$ 66,100 |
| 2 | \$47,124 | \$55,450 | \$ 75,500 |
| 3 | \$52,972 | \$62,350 | \$ 85,000 |
| 4 | \$58,888 | \$69,300 | \$ 94,400 |
| 5 | \$63,580 | \$74,850 | \$102,000 |
| 6 | \$68,340 | \$80,400 | \$109,500 |
| 7 | \$73,032 | \$85,950 | \$117,100 |
| 8 | \$77,724 | \$91,500 | \$124,600 |

*New 2007 Incomes effective April 28, 2007

For more information, please call the Housing Division staff at (714) 898-3311 ext. 6101 or visit our website for updated information at www.ci.westminster.ca.us.

Mobile Home Rehabilitation Grant Program

The Mobile Home Rehabilitation Grant Program's purpose is to assist eligible lower income mobile homeowners to improve, maintain and extend the useful lives of their mobile homes. The program offers rehabilitation grants of up to **\$5,000** to eligible households. The maximum eligible "household income" is determined by the size (number of persons in the household) and is categorized in the chart below. Households with incomes of up to 80% of the county area median income are eligible. The grant can be used to correct code violations and to eliminate unsafe and deteriorated living conditions and thereby preserve affordable housing stock. **Please call (714) 898-3311 ext. 6101.**



Eligible projects include:

- Building Code Violations
- Structural Repairs
- Re-roofing
- Electrical Repair
- Water Heater/Heater
- Plumbing Repairs
- Aluminum Wiring Repair
- Windows
- Exterior Painting
- Stucco
- Front Door
- Garage Door
- Interior Painting
- Vinyl Flooring
- Fencing/Gates
- Driveway
- Landscaping
- Fumigation

2007 Household Income:

| Household Size | Max. Household Incomes | |
|----------------|------------------------|----------|
| | 0% | Incomes* |
| 1 | \$48,500 | |
| 2 | \$55,450 | |
| 3 | \$62,350 | |
| 4 | \$69,300 | |
| 5 | \$74,850 | |
| 6 | \$80,400 | |

Register for classes online at www.activenet.active.com/westminster (714) 895-2860



CITY SERVICES

WATER CUSTOMER SERVICE

For water billing, rates, charges, turn-on or turn-off services call (714) 894-3796.

For water main breaks, leaks, quality, or pressure problems call (714) 895-2876, 6:30 a.m. to 5:00 p.m.

For after hours water emergencies, call the Westminster Police Department at (714) 898-3315.



WATER CONSERVATION / REBATES FOR RESIDENTS AND BUSINESS OWNERS

Last June Governor Schwarzenegger declared a drought across the State of California. Our main source of water supply has been cut back and the State is relying on greater withdrawals from water storage reserves to offset this water loss.

Westminster Water Division is encouraging residents and business owners to voluntarily conserve water. Conserving water is simple and will save you money!

REBATE PROGRAMS CURRENTLY AVAILABLE

High Efficiency Clothes Washer
Rebate Program

High Efficiency Toilet Rebate Program

Smart Timer Rebate Program

Rotating Nozzle Rebate Program

Synthetic Turf Rebate Program

Restaurant / Food Equipment Rebates

Medical Equipment Rebates

Cooling Tower conductivity Controllers

pH Conductivity Controllers

Pressurized Water Brooms

Rebates for Single-Family Residences
1-888 376-3314 or

www.mwdoc.com/OCrebates

Rebates for Multi-Family Residences
and Business Owners 1-877 728-2282 or

www.mwdsaveabuck.com



ORANGE COUNTY FIRE AUTHORITY

The Orange County Fire Authority provides an array of programs designed to educate the public in the areas of fire and injury prevention and public safety issues. These programs attempt to meet the needs of the community from school requests, community events, business needs, and service organization functions. The focus of these efforts is to deliver high quality fire safety education programs along with the delivery of all risk preparedness programs when needed. Programs included are Business Safety, Fire Extinguisher Use, Older Adult Safety, Earthquake Preparedness, Junior Firefighter, Learn Not to Burn, Drowning Prevention, Fire F.R.I.E.N.D.S., Cardiopulmonary Resuscitation (CPR), and general fire safety programs. Along with our educational programs, the Orange County Fire Authority provides active participation in community events that may include parades, health and safety fairs, school carnivals, and other city functions. Please contact Christy Romero, Community Education Specialist, to further discuss the many options available to the City of Westminster. christyromero@ocfa.org or 714-527-3955.



TRASH BINS IN PUBLIC VIEW....

Did you know that your trash bins must be stored outside of public view at all times other than the night prior to and the day of the regularly scheduled pick-up days in your neighborhood? WMC section 12.16.030 prescribes that no trash or other articles shall be placed in public view "...before 6:00 p.m. on the day before the scheduled pick-up day" and no later than "...11:59 p.m. on the day the containers are emptied."

In an effort to keep our neighborhoods attractive, Code Enforcement personnel has been attaching trash bin hangers on those bins stored in violation with the City ordinance. This is our way of reaching out to the community to provide a friendly reminder of trash bin storage prior to the need for further enforcement. Everyone's cooperation is essential, so please be a courteous neighbor and store your trash bins appropriately.

A Word from Code Enforcement...

On-Line Complaints

Code Enforcement is *now* accepting online complaints.

Follow these simple steps. It's that easy!

- 1) Go to www.ci.westminster.ca.us
- 2) Click on Community Development Department
- 3) Click on Code Enforcement Division
- 4) Click on "How to File a complaint"
- 5) Send an email to CodeEnforcement@westminster-ca.gov

That's it! It's that easy.

LANDSCAPE TRAINING PROGRAM

This training covers the basics of landscape design and is offered as either a four-part series, or a four-hour condensed mini-class. California native and California Friendly plants are featured. The four topics covered are:

Basic Landscape Design
Landscape Sprinkler Systems
Landscape Plants
Landscape Watering & Fertilizing

Contact Beth Fahl from the Municipal Water District of Orange County at 714 593-5015 for details, or visit www.mwdoc.com/CFLT.htm

VALUE OF TREES TO A COMMUNITY

The Tree Education Committee wants you to know that trees can add value to your home and help cool your home and neighborhood. The following are some facts that illustrate just how important trees are to a community.

Fact 1: Trees properly placed around buildings can reduce air conditioning needs by 30 percent and can save 20-50 percent in energy use for heating (US Forest Service).

Fact 2: Trees can be a stimulus to economic development, helping to attract new business and tourism (National Arbor Day Foundation).

Fact 3: The net cooling effect of a young, healthy tree is equivalent to ten room size air conditioners operating 20 hours a day (US Department of Agriculture).

Fact 4: Landscaping, especially with trees, can increase property values as much as 20 percent (Management Info Systems/ICMA)

Fact 5: The planting of trees means improved water quality resulting in less runoff and erosion (US Forest Service).

H2O TIPS to save 20 gallons a day

Activity

Wash full loads of laundry
Turn off water while brushing teeth
Take 5 minute showers
Running dishwasher only when full
Clean driveway with a broom instead of hose
Watering late at night or early in the morning
Fixing leaking toilets / using low flow showerheads
Reduce outdoor watering

Water Saved

15 gallons per load
2 gallons per minute
10 gallons per shower
3 gallons per load
20 gallons per minute
20 gallons per day
20 gallons per day
40 gallons per day





DIGITAL TELEVISION TRANSITION - February 17, 2009

WILL YOU BE READY?



What Is Happening?

Your TV signal is switching to "digital." For more than fifty years, TV broadcasters have sent their shows to your TV using "analog" signals. After **February 17, 2009, most of the old analog signals will be gone and most of the stations you watch** will use only the new digital signals.

Why Is The Government Switching to Digital?

- For improved public safety for everyone. The transition to digital will help police, fire, and other public safety departments to communicate more easily with each other during emergencies.
- For you, digital TV offers better picture and sound quality, as well as more channels and programming choices.

What Does This Mean To You?

- If all of your TVs are hooked up to cable or satellite, you will continue to get your TV after the switch. Just check with your cable or satellite company to be sure.
- If you have a digital TV, you are ready for the switch. (If your TV is more than 10 years old it probably is not digital. If it is less than 10 years old, ask the manufacturer if your TV is "analog-only.")
- If you have an analog-only TV with a roof top antenna or "rabbit ears," you will not be able to watch most TV stations after February 17, 2009 unless you get a "converter box."

Converter Box?

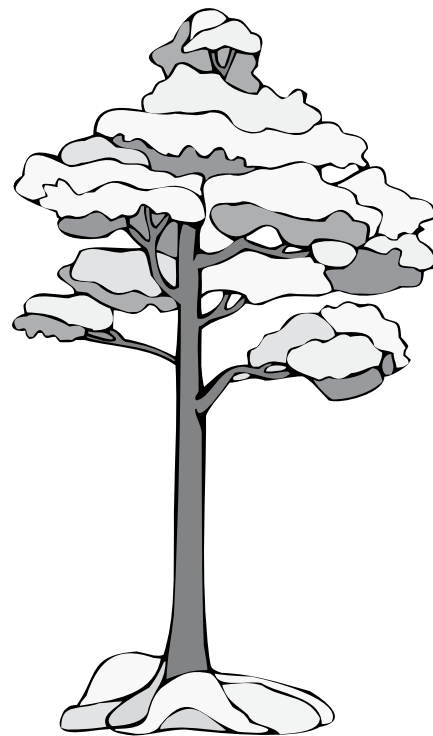
- The converter box will attach to your TV and let you go on getting free TV.
- With the converter box you can get a better picture and more channels. The antenna you have should work with the box.
- You can buy a converter box at a retail store. The boxes will cost \$40 to \$70.
- You can get two \$40 coupons per household from the US Government to help you pay for up to two boxes. (One coupon per box only. Please note that these coupons will expire 90 days after mailing.)

FOR MORE INFORMATION ABOUT THE DIGITAL TRANSITION CALL 1-888-CALL-FCC (1-888-225-5322) (voice) or 1-888-TELL-FCC (1-888-835-5322) (TTY) OR GO TO WWW.DTV.GOV

FOR INFORMATION ABOUT CONVERTERS AND COUPONS CALL 1-888-388-2009 (voice) or 1-877-530-2634 (TTY) Or Go To: www.dtv2009.gov

PARKWAY TREE PLANTING PROGRAMS

The City of Westminster has several programs to help you, your neighbors, or your customers to offset the cost of planting trees. The first program for interested residents and business owners who want a tree in their parkway is to purchase the designated tree and root barrier for \$50.00 per tree. To request that a tree be planted, please send a check in the amount of \$50.00 to the City of Westminster,



Attention Virginia Price, 8200 Westminster Boulevard, Westminster, CA 92683. Please include your address and phone number. The City's tree contractor will plant the tree, which will take approximately four to six weeks for planting.

The second program for planting trees is available by petition to replant an entire street segment. The petition process consists of one resident or business owner obtaining the form for signatures and then contacting the other residents or businesses on the street segment to determine how many would like a tree planted in the parkway in front of their home or business. To obtain the form, contact Pete Quinn, Maintenance Superintendent, at 714/895-2876, ext. 6208. He will also provide the list of acceptable tree species to pick for planting. The City's tree contractor will plant the trees.

The third program offered is the Tree Voucher. If you are willing to provide the labor, the City will provide the tree and the root barrier. Please contact Pete Quinn at 714/895-2876, ext. 6208 to schedule a time to visit the City Corporation Yard and obtain the voucher so that you can pick up the free tree at a local nursery.

Additionally, we offer the "How to Plant Trees" brochure, which is available at City Hall and the City Yard. Please remember that while the City will keep the tree trimmed, the homeowner or business owner is responsible for watering the tree.



HOLIDAY SAFETY

The holiday season—Thanksgiving, Christmas, Hanukkah, New Year's—is a peak time for residential fires. The use of decorative lights, candles, and heating appliances as well as parties with smoking and drinking increase the likelihood of fire. Following are some safety tips on Holiday Fire Safety prepared by the Orange County Fire Authority:

- Keep matches and lighters out of children's reach. Teach young children to stay away from candles, fireplaces and heaters. Older children can be taught to light candles and fireplaces safely but should do so only under direct supervision.
- Do not use candles near combustible decorations. Never leave candles burning unattended or within the reach of small children. Extinguish candles before you leave a room or go to bed.
- Have your chimney inspected by a professional at least once a year and cleaned if necessary. Always use a fireplace screen. Never burn paper or trash in a fireplace.
- Keep space heaters at least 3 feet away from anything that could catch on fire, such as bedding, clothing and furniture. Be certain that the type of heater you are using has a label from a safety-testing laboratory.
- Provide large, deep, non-tip ashtrays for smokers. Empty ashtrays often after soaking contents before dumping them. Check cushions and furniture for smoldering cigarette butts.
- Use only lights that have the label of an independent testing laboratory. Replace any set of lights that has frayed cords, bare wires, broken sockets or loose connections. Do not overload outlets. Unplug decorative lights before leaving home or going to bed.
- Choose a fresh Christmas tree. Set up your tree away from exits, fireplaces and other heat sources. Check the water level daily!

For additional information, contact the Orange County Fire Authority/Community Relations and Education Section at 714-573-6200 or visit the OCFA website at www.ocfa.org.

The Orange County Fire Authority is a joint powers authority that serves as the all-risk emergency response agency for 1.3 million Orange County residents in 22 cities and the unincorporated areas of the county.

SAN DIEGO FREEWAY (I-405) PROJECT

Today, the San Diego Freeway (I-405) is one of the most congested freeways in Orange County, carrying more than 300,000 vehicle trips in some sections each day. By 2030, traffic volumes on the I-405 are expected to increase by approximately 20 percent with increasing levels of congestion expected. In 2004, an 18-month study was undertaken by the Orange County Transportation Authority (OCTA) to examine the transportation needs of western Orange County as part of OCTA's strategic effort to keep Orange County moving over the next 20 years and beyond. In October 2005, the OCTA Board of Directors selected a widening alternative that generally stays within the existing right-of-way as the Locally Preferred Strategy (LPS) for the I-405.



OCTA proposes to add mainline freeway capacity to I-405 in each direction between Euclid Street and San Gabriel River Freeway (I-605) as well as auxiliary lanes in many locations where sufficient right-of-way is available. The proposed project also includes other operational improvements.

The I-405 project moved to the next phase, called a project study report (PSR), in February 2007. This document entailed further technical engineering and planning analysis in the project area. It was approved by Caltrans in July 2008 and included two alternatives: adding one lane in each direction or two lanes in each direction

Status

- OCTA has secured funding to initiate the environmental document and additional engineering, which will follow the Project Study Report and is required before the project can proceed to final design, right-of-way and construction. The two alternatives from the PSR will be carried forward and evaluated further in the environmental phase.
- The environmental phase will begin in late 2008 and will include extensive public outreach during the scoping and draft environmental document milestones.
- Construction is approximately seven to ten years away, depending on funding availability.
- Currently there is an estimated \$500 million allocated to the proposed project from the Renewed Measure M Freeway Program.

For more information, visit www.octa.net/405widening or contact Christina Byrne at (714) 560-5717 or cbyrne@octa.net

I-405 Environmental Phase Milestones

| | |
|--|------------|
| Notice of Preparation/Notice of Intent | Late 2008 |
| Scoping Meetings | Early 2009 |
| Draft Environmental Document | Mid 2010 |
| Final Environmental Document | Late 2011 |

WESTMINSTER BRANCH LIBRARY

8180 13th Street, Westminster, CA 92683
(714) 893-5057

HOURS: Monday-Thursday 10:00 a.m.-9:00 p.m.
Friday and Saturday- 10:00 a.m.-5:00 p.m.
Sunday- 12:00-5:00 p.m.



Children's Programs

The Westminster Public Library hosts **Pre-school Storytime** every Wednesday morning from 10:30-11:15am and **Toddler Storytime** every Wednesday from 11-11:30am. **Family Storytime** is held every Saturday from 10:30am until approximately 11:15am. The library hosts an **afternoon craft activity** from 3:30pm - 4:30pm, the second Monday of each month and a special **Pajama Storytime** the second Thursday of every month at 6pm.

Teen Programs

We have monthly events all year long, such as **Anime/Manga Nights**, and **Origami Instruction**. Make sure to join our **Manga/Anime Club!** The club is a great place for you to talk with other teens about your favorite characters and series, and you'll be the first to get your hands on the new titles we receive. Our club organizes **Anime/Manga Art Contests** throughout the year and we have different events every meeting. This club also serves as our **Teen Advisory Board**, where you are able to tell us books you want, programs you wish to see, and contests you'd like us to have.

There are many **Teen Volunteer Opportunities** at the library! We are always looking for **Volunteers** and **Homework Helpers**, so sign up at the library and get started.

WESTMINSTER FRIENDS OF THE LIBRARY BOOKSTORE NEEDS VOLUNTEERS

Drop by the Used Bookstore at the back parking lot entrance to the library. New members and volunteers are needed to assist in the bookstore. If you have donations, please drop them off at the Library. They may be added to our collection, or given to our "Friends" to sell to support children's programs, and to purchase new materials for the Library. **Please call 714-898-4245.**

CHILDCARE FACILITIES

Westminster Nursery School

(714-893-7979) Location: Bolsa Chica Park
Westminster Nursery School is a parent-participation pre-school.

Programs offered are:

Parent and Me: Ages: 2 yrs. & above; Wednesday, 12:30-1:30; Fee: \$20.00 a month

2-Day Program: Ages: 3 yrs. (by Dec. 2) & above; Tuesday and Thursday, 9:00-Noon; Fee: \$80.00 a month.

Pre-K (or 3-Day Program): Ages: Must be 4 yrs. (by Dec.2); Monday, Wednesday, and Friday, 9:00-Noon; Fee: \$120.00 a month.

Westminster School District Child Care Services

Land School

Pre-school services are offered at Land School. The child care program is from 6:00 a.m.-6:00 p.m., Monday - Friday. Children from 3-5 years are welcome, but they must be potty-trained. The cost varies based on the number of days and times care is needed. For more information, please call Land School at (714) 898-8389.

The following schools in the Westminster School District offer child care services for children 5 years and up: Clegg, DeMille, Eastwood, Finley, Fryberger, Hayden, Meairs, Sequoia, Schmitt, and Schroeder. For more information, please call (714)894-7311.

Fees vary based on the type of care needed. Please contact Westminster School District Child Development Programs office at 898-8389 for more detailed information.

Registration begins December 1st

There are 3 easy ways to register for classes . . .

ON-LINE

On-line registration is just a click away...

Please visit
www.activenet.active.com/westminster

You will need to pay by credit card to register on-line.

**Please note: Aquatics
Registration is not available
On-line.**

MAIL-IN

Mail completed form & payment to:

Westminster Community Services
& Recreation Department
8200 Westminister Blvd.
Westminster, CA 92683

Make checks payable to:
City of Westminster

WALK-IN

Visit us...

Westminster Community
Services & Recreation
Department at 8200
Westminister Blvd.

7:30 a.m. – 5:30 p.m.
Monday – Thursday
7:30 a.m. – 4:30
Alternate Fridays

General Information & Refund Policy

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 3rd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

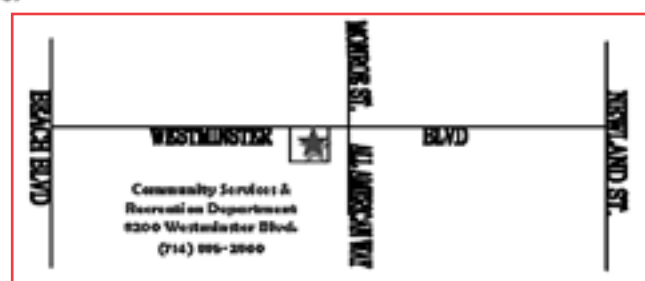
SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 3rd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



Community Services and Recreation Department Registration Information

Registration Form

Community Services & Recreation Department

All information is required. Please Print.

Parent/Adult Name: First _____ Last _____

Birth _____

Address _____ Date _____

City/State/Zip _____ Phone () _____

Cell _____

Email address _____ Phone () _____

Please list any special needs _____

| Name of Participant: | | Birth | Sex | Activity | Name of Activity | Fee |
|----------------------|------|-------|-----|----------|------------------|-----|
| First | Last | Date | | Number | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| TOTAL FEES | | | | | | |

Liability and Publicity Release

For and in consideration of permitting _____ to enroll in and participate in the recreational program entitled, _____ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF _____ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature _____ Date _____

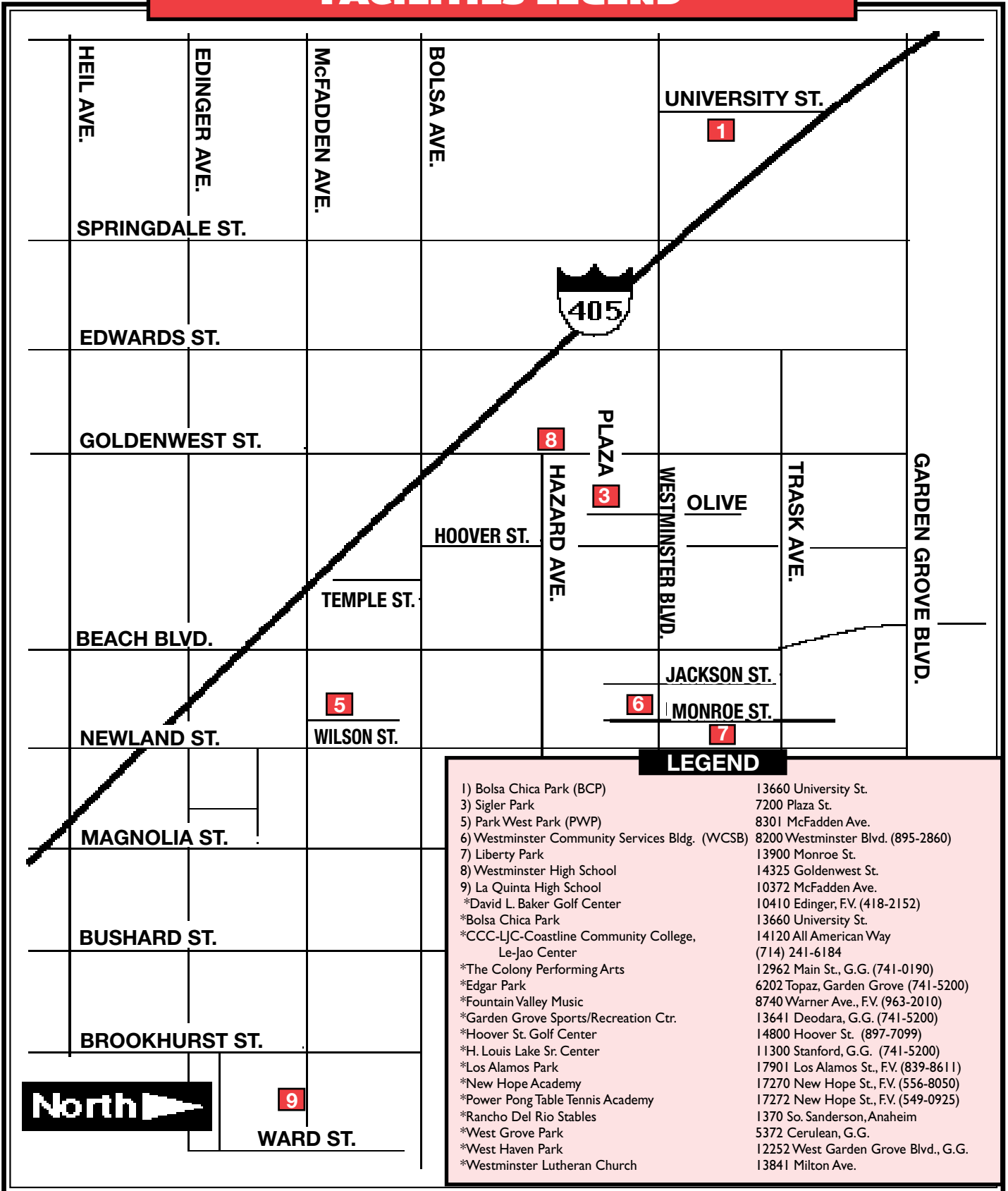
WESTMINSTER PARKS CHART

Winter

| City of Westminster Community Services & Recreation Department 8200 Westminster Blvd., Westminster, CA 92683 (714) 895-2860 TOTAL ACREAGE: 81.45 Acres | | Developed Acres | Activity Bldg | Barbeques | Basketball Courts | Children's Play Area | Handicap Accessible | Handball Courts | Picnic Tables | Restrooms | Shade Shelter | Skatepark | Softball Fields - Lighted | Softball Fields - Regulation | Splashpad | Tennis Courts - Lighted |
|--|----------------------------|-------------------------|---------------|-----------|-------------------|----------------------|---------------------|-----------------|---------------|-----------|---------------|-----------|---------------------------|------------------------------|-----------|-------------------------|
| 1 | Bolsa Chica Park | 13660 University St. | 4.90 | • | • | • | • | • | • | • | • | • | • | • | • | • |
| 2 | Bowling Green Park | 14700 Bowling Green St. | 2.90 | • | • | • | • | • | • | • | • | • | • | • | • | • |
| 3 | Buckingham Park | 6502 Homer St. | 5.00 | | | • | • | | • | • | | | | • | | |
| 4 | Cascade Park | 14100 Cascade St. | 2.00 | | • | | • | | • | | | | | | | |
| 5 | Civic Center | 8200 Westminster Blvd. | | | | | | | | | | | | | | |
| 6 | Cloverdale Park | 9721 Cloverdale Ave. | 1.80 | | • | • | • | | • | | | | | | | |
| 7 | College Park | 15422 Vermont St. | 3.90 | | • | • | • | | • | | | | | | | |
| 8 | Coronet Park | 15252 Oakcliff Dr. | 1.90 | | • | • | • | | • | | | | | | | |
| 9 | Gillespie Park | 9801 McFadden Ave. | 3.50 | • | • | • | • | | • | • | • | | 1 | 1 | | 2 |
| 10 | Goldenwest Park | 13200 Siskiyou St. | 1.70 | • | • | • | • | | • | | • | | | | | |
| 11 | Heritage Park | 14491 Beach Blvd. | 0.70 | | | | | | | | | | | | | |
| 12 | Hoover Park | 7482 - 21st St. | 1.00 | | | • | • | | • | | | | | | | |
| 13 | Indian Village Park | 6060 Hefley St. | 1.50 | | | • | • | | • | • | | | | | | |
| 14 | Land Park | 15151 Temple St. | 3.50 | | • | • | • | | • | | • | | | | | |
| 15 | Leora L. Blakey Park | 8612 Westminster Blvd. | 2.25 | | | | | | | | | | | | | |
| 16 | Liberty Park | 13900 Monroe St. | 6.40 | • | • | • | • | 1 | • | • | • | • | | | | |
| 17 | Newcastle Park | 14720 Kent St. | 2.20 | | • | • | • | | • | | | | | | | |
| 18 | Oasis Park | 8612 Oasis | 0.25 | | | • | • | | | | | | | | | |
| 19 | Park West Park | 8301 McFadden Ave. | 5.00 | • | • | • | • | | • | • | • | | 1 | 1 | | 6 |
| 20 | Russell C. Paris Park | 8600 Palos Verdes Ave. | 11.90 | | • | • | • | | • | | | | | | | |
| 21 | Sid Goldstein Freedom Park | 14180 All American Way | 1.45 | | | • | • | | • | • | | | | | | |
| 22 | Sigler Park | 7200 Plaza St. | 6.00 | • | • | • | • | 2 | • | • | • | | 1 | 1 | • | |
| 23 | Virginia Boos Park | 13811 Hailleigh St. | 0.50 | | | • | • | | | | | | | | | |
| 24 | Westminster Park | 14402 Magnolia St. | 8.70 | | • | • | • | 2 | | • | | | | 2 | | |
| 25 | Westminster Village Park | 5300 Tattershall St. | 2.50 | | | • | • | 2 | • | | • | | | | | |

Register for classes online at www.activenet.active.com/westminster (714) 895-2860

COMMUNITY AND RECREATION FACILITIES LEGEND



LEGEND

- | | |
|--|--|
| 1) Bolsa Chica Park (BCP) | 13660 University St. |
| 3) Sigler Park | 7200 Plaza St. |
| 5) Park West Park (PWP) | 8301 McFadden Ave. |
| 6) Westminster Community Services Bldg. (WCSB) | 8200 Westminster Blvd. (895-2860) |
| 7) Liberty Park | 13900 Monroe St. |
| 8) Westminster High School | 14325 Goldenwest St. |
| 9) La Quinta High School | 10372 McFadden Ave. |
| *David L. Baker Golf Center | 10410 Edinger, F.V. (418-2152) |
| *Bolsa Chica Park | 13660 University St. |
| *CCC-LJC-Coastline Community College, Le-Jao Center | 14120 All American Way (714) 241-6184 |
| *The Colony Performing Arts | 12962 Main St., G.G. (741-0190) |
| *Edgar Park | 6202 Topaz, Garden Grove (741-5200) |
| *Fountain Valley Music | 8740 Warner Ave., F.V. (963-2010) |
| *Garden Grove Sports/Recreation Ctr. | 13641 Deodara, G.G. (741-5200) |
| *Hoover St. Golf Center | 14800 Hoover St. (897-7099) |
| *H. Louis Lake Sr. Center | 11300 Stanford, G.G. (741-5200) |
| *Los Alamos Park | 17901 Los Alamos St., F.V. (839-8611) |
| *New Hope Academy | 17270 New Hope St., F.V. (556-8050) |
| *Power Pong Table Tennis Academy | 17272 New Hope St., F.V. (549-0925) |
| *Rancho Del Rio Stables | 1370 So. Sanderson, Anaheim |
| *West Grove Park | 5372 Cerulean, G.G. |
| *West Haven Park | 12252 West Garden Grove Blvd., G.G. |
| *Westminster Lutheran Church | 13841 Milton Ave. |



The Westminster Family Resource Center is a community collaborative:

ABRAZAR, INC.
(TO EMBRACE)



El Westminster Family Resource Center ofrece los siguientes servicios GRATIS!

- ♦ Representación Familiar
- ♦ Programa del Empoderamiento Personal
- ♦ Intervención de Violencia Domestica
- ♦ Información y Recomendaciones
- ♦ Talleres de Educación para Padres de Familia
- ♦ Promoción y Soporte para Adopciones
- ♦ Servicios para Reunificación de Familias
- ♦ Servicios Dentales
- ♦ Ayuda para recibir Alimentos
- ♦ Programa de Ayuda de Emergencias
- ♦ Programas para después de escuela
- ♦ Administración de casos
- ♦ Consejería individual y para familias

The Westminster Family Resource Center offers the following Services for FREE!

- ♦ Family Advocacy
- ♦ Personal Empowerment Program
- ♦ Domestic Violence Counseling
- ♦ Information & Referral
- ♦ Parent Education Workshops
- ♦ Adoption Promotion & Support
- ♦ Family Reunification Services
- ♦ Dental Services
- ♦ Emergency Food Program
- ♦ Emergency Assistance Program
- ♦ After School Enrichment Programs
- ♦ Case Management Services
- ♦ Individual and Family Counseling



Office Hours: Monday– Friday, 8:00 am-5:00 pm

Location: 8102 Westminster Blvd., Ste. E,
Westminster, CA 92683

Phone: (714) 903-1331

Families and Communities Together (FaCT) is a partnership between the County of Orange Social Services Agency and Orangewood Children's Foundation. FaCT receives federal, state, and county funds including Promoting Safe and Stable Families, California Department of Social Services/ Office of Child Abuse Prevention, Governor's Office of Emergency Services, and the Children and Families Commission of Orange County.



PHUỐI VUI HOA O N TOA O N MIEA N PHÍ

- ♦ Beánh vớic gia ñiñh
- ♦ Chõõng trĩnh ñiãõo tãõ khaũ ñaẽng chuyea n moãn
- ♦ Coá vaãn veà baõo haonh trong gia ñiñh
- ♦ Thoãng tin vaõ Hõõõung ñaãn
- ♦ Lôõup hoĩc ñaonh cho Phuĩ huynh
- ♦ Khuyea n khĩch, giũup ñiõõ ñoẽch vũĩ con nuõai
- ♦ Ñoẽch vũĩ Nha Khoa
- ♦ Chõõng trĩnh lõõng thõĩc khaũn caáp
- ♦ Chõõng trĩnh trõĩ giũup khaũn caáp
- ♦ Chõõng trĩnh sau giõõ hoĩc
- ♦ Ñoẽch vũĩ veà quaũn lýũ vaõ laõõnh ñiãõo.

Rose Center Theater
Performance Dates

Nutcracker Ballet Etudes

December 4th– 7th

Wonderful Life

December 9th

Who Stole Christmas

December 12th & 13th

Sounds Of The Seasons

December 16th & 17th

Westminster Choral

Choir Concert

December 20th

Blessed Sacrament

Choir Concert

December 21st



Rose Center Theater

14140 All American Way • Westminster, CA

714.798.1150



(714) 895-2860

**Club Westminster
Winter Parks Program**

**Monday - Friday
2:30 - 5:00 p.m.**

FREE

Bolsa Chica Park
13660 University St.
(714) 897-5911

Liberty Park
13900 Monroe St.
(714) 412-2617

Sigler Park
7200 Plaza St.
(714) 892-9029

FUN

WINTER BREAK SCHEDULE

10:00 a.m. - 4:00 p.m.

Monday, December 22 through

Wednesday, December 31

(Parks Closed 12/24, 12/25, 1/1, and 1/2)

www.westminster-ca.gov

**City of Westminster
ADULT SOFTBALL
LEAGUE**

Winter season begins the week of
January 19, 2009. Leagues are offered
Monday through Friday.

The cost of registration is \$255
per team, plus \$18 per game paid to
the officials on the field.

SIGN UP NOW!!!

For more information, contact the
Sports Office at (714) 895-2860 ext. 567.

New Year's Eve
Gala

Westminster
Rose Center

14140 ALL AMERICAN WAY
WESTMINSTER, CA
DECEMBER 31, 2008
8:00 PM - 12:30 AM
\$55 PER PERSON
CALL (714) 895-2860 FOR DETAILS

The poster features a large, green champagne bottle in the foreground, tilted diagonally with its cork popping and a spray of golden confetti erupting from the neck. The bottle has a white label with a red seal. In the background, a large, modern building with a glass facade, identified as the Westminster Rose Center, is visible at night. The sky is dark with several bright, star-like light flares. A camera lens is visible in the upper right corner, pointing towards the scene. The entire image is framed by a thick yellow border with a green dotted pattern.

TET PARADE

January 31, 2009

